

THE FRISCH SCHOOL
ישיבת פריש
The Henry & Esther Swieca Family Campus



**CO-CURRICULAR
ACTIVITIES 2016-2017**

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Dear Parents and Students:

Some of the most exciting and educationally enriching aspects of one's high school experience take place outside the classroom and after regular school hours. The Frisch School encourages each of our students to explore and develop his/her talents in the areas of artistic creativity, journalism and writing, athletics, community service and Chessed, scientific discovery, politics and so much more.

Each year as the adults at Frisch interact with our students we are impressed by their accomplishments, leadership, spirit and initiative. We invite and encourage you not only to be involved in some of the activities described in this co-curricular guide but also to come to us with ideas for new activities and endeavors. Some of the best, most successful activities are initiated each year by students.

Don't hesitate to come to Rabbi David Goldfischer '98, Assistant Principal, Rabbi Michael Zauderer, Director of Co-Curricular Activities or to Athletic Director, Aron (A.C.) Coren with new ideas or to ask for help or advice to get yourself involved in one or more of these wonderful opportunities.

Sincerely,



Rabbi Eli Ciner
Principal

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ARTS & CULTURE

Art Club: Studio Art, Sculpture and Fashion

The Frisch Art Club gives students a forum to express their artistic talents. Students can study media which include: acrylic paint and canvas, advanced pastel work, charcoal, pencil, watercolor, mixed media wire and other two and three-dimensional media. The instructor helps students develop and refine their techniques as well as their personal means of artistic expression. Instruction is individualized and based on student interest. Technical skill development in realistic drawing, perspective and advanced color theory is also available. Learn basic sewing, fashion illustration, draw and study fashion from different eras. Throughout the school year, samples of students' artwork are on display. Students showcase their artwork at the Frisch Evening of the Arts.

ADVISOR:
AHUVA MANTELL
MATERIALS & SUPPLIES:
FEE REQUESTED.
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
STUDENTS MUST POSSESS
A KEEN INTEREST IN ART.
BEGINNERS AS WELL AS
ADVANCED STUDENTS
ARE WELCOME.

Drama Society

The Drama Society is famous for its annual spring production. During the school year, students study acting methodology, script/character analysis, directing techniques, set/light design, theatrical protocol, mime and improvisation. Auditions are held and committees are formed. Publicity, lighting/sound, set/props, production assistants, and tech staff are just some of the essential committees needed to ensure the success of the play.

ADVISOR:
RABBI JOHN KRUG
MEETING TIME:
WEEKLY, AS NEEDED, ONCE
AUDITIONS ARE HELD
CRITERIA FOR MEMBERSHIP:
A STRONG INTEREST
IN THEATER AND
PERFORMANCE.

Film Club

Students study and critique films. Each year, students choose a few themes to study. Film techniques, genre, character and plot development, social commentary and specific directors and producers are studied. Students arrange to watch the movies at home and analyze them in a group discussion.

ADVISOR:
DR. ANNE BERKMAN
MEETING TIME:
MONTHLY
CRITERIA FOR MEMBERSHIP:
A STRONG INTEREST IN THE
ART OF FILMS.

ARTS & CULTURE



Photography Club

In the Photography Club, students study the process of photography, camera technique, composition, light, color contrast and harmony, space, texture and other artistically useful perceptions. Students are also introduced to digital cameras and computer manipulation of photographs. They also study various genres of photography including photojournalism, black and white, portrait, landscape, nature and cityscape. Photographs are exhibited throughout the school.

ADVISOR:
MEIR KRUTER
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
OPEN TO ALL STUDENTS
FROM BEGINNER TO
ADVANCED.

Poetry Club

The Poetry Club meets monthly and is geared for students who would like to learn more about poetry and practice their poetry skills. Club members read a selection of contemporary American poetry and discuss them. Those students who would like to flex their poetry writing and recital skills are also invited to read during the meetings and receive critical feedback on their work. Students are also invited to participate in poetry competitions that occur against other yeshivot three times during the academic year.

ADVISOR:
RABBI NEIL FLEISCHMANN
MEETING TIME:
MONTHLY
CRITERIA FOR MEMBERSHIP:
OPEN TO ALL LOVERS OF
POETRY.

ATHLETICS

Frisch Athletics

Frisch is a member of the Metropolitan Yeshiva High School League. Frisch athletes compete with other yeshiva athletes dedicated to Jewish values and education. The teams have won many league championships and the students who have participated experienced personal growth and maturation. Students learn teamwork, concentration and dedication. They learn to excel as individual players and as members of a team.

Frisch Teams Include:

Baseball:	Boys	Softball:	Boys Junior Varsity, Boys and Girls Varsity
Basketball:	Boys and Girls Junior Varsity and Varsity	Swimming:	Girls
Bowling:	Boys	Tennis:	Boys and Girls
Hockey:	Boys Junior Varsity, Boys and Girls Varsity	Track:	Boys and Girls
Soccer:	Boys and Girls Junior Varsity and Varsity	Volleyball:	Boys Varsity, Girls Junior Varsity and Varsity
		Wrestling:	Boys

No Student Can Play on More Than One Team Per Semester.

Junior Varsity teams are open to 9th and 10th graders. Varsity Teams are open to 11th and 12th graders. Teams for sports with no Junior varsity are open to all students.

Intramural Sports

Frisch offers basketball intramurals (FBI) for both boys and girls, as well as football intramurals (IFL) for boys.

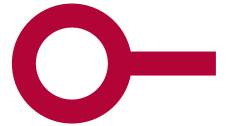
The basketball intramurals begin in March, with weekly games on Mondays for the boys, and Wednesdays for the girls, both after school.

The football season begins after Sukkot (with the sign up and draft prior to Sukkot), and the season lasts the entire school year. The games are played on Fridays, after school, on the Frisch fields. The freshmen have their own league, while the 10th-12th graders play in a separate league. All of the various intramurals combine intensity and fun, competition and sportsmanship. They are also a great way to make new friends and create long lasting memories. Looking forward to seeing you there!

ADVISOR:
ARON COREN
MEETING TIME:
PRACTICE SESSIONS
ARE AFTER SCHOOL, PRIOR
TO AND DURING THE
SEASON. OFFICIAL GAMES
TAKE PLACE IN THE
EVENINGS AND
ON SUNDAYS.
CRITERIA FOR MEMBERSHIP:
STUDENTS QUALIFY BASED
UPON PERFORMANCE
AT TEAM TRYOUTS.
WRESTLING AND TRACK
ARE OPEN TO ALL WHO WILL
COMMIT TO THE
WORKOUT PERIODS.

BOYS ADVISOR: RABBI
JONATHAN SCHACHTER
GIRLS ADVISOR: MRS. SARIT
ANSTANDIG
MEETING TIME IFL:
FRIDAYS
MEETING TIME
BASKETBALL INTRAMURAL:
MONDAY, WEDNESDAY 5:15-
6:00 PM

COMMUNAL SERVICE



Big Brother/Big Sister

Seniors mentor incoming Freshmen, beginning at Freshman Orientation. The relationships are developed at Freshman Retreat and continue through the year.

ADVISOR:
RABBI JONATHAN
SCHACHTER
MEETING TIME:
MEETS AS NEEDED
CRITERIA FOR MEMBERSHIP:
OPEN TO SENIORS ONLY.
STUDENTS MUST BE
APPROVED BY THE FACULTY.

Chessed Society

The goal of the Chessed Society is to improve Frisch students' sense of themselves by enhancing the lives of others.

Chessed Society's projects include, but are not limited to: Monthly visits to senior care facilities, Peer Tutoring, Thanksgiving and Pesach food drives, Chanukah toy drive, Friendship Circle, chessed newsletter, and Yachad events.

ADVISOR:
RABBI JOSHUA SCHULMAN
MEETING TIME:
MONTHLY
CRITERIA FOR MEMBERSHIP:
STUDENTS MUST POSSESS A
DESIRE TO HELP PEOPLE IN
NEED AND SHOW A SENSE
OF RESPONSIBILITY.

Kahal

Kahal promotes Jewish life at Frisch and sponsors activities to benefit Jewish causes and organizations. Each year, Kahal runs a "three-on-three" basketball tournament and organizes other fundraisers, whose proceeds go to *Tzedakah*. Students select which Jewish *Tzedakah* fund the proceeds will benefit.

MEETING TIME:
MONTHLY - ADDITIONAL
MEETINGS AS NEEDED
CRITERIA FOR MEMBERSHIP:
A WILLINGNESS TO
COMMIT TIME AND
ENERGY TO JEWISH
CAUSES AND ACTIVITIES.
STUDENTS MUST BE
APPROVED BY THE ADVISOR.

..... COMPETITIONS

Chess Team

Students play chess against their peers in an organized setting. During meetings, students learn strategies that will help them improve their chess game. The Chess Club competes as part of the Metropolitan Yeshiva Chess League.

ADVISOR:
DIANA TULMAN
MEETING TIME:
WEEKLY AFTER SCHOOL
LEAGUE CONTESTS -
MONTHLY DURING SCHOOL.

.....▶ CRITERIA FOR MEMBERSHIP: STUDENTS MUST HAVE PRIOR EXPERIENCE PLAYING CHESS.

Chidon HaTanach

Students prepare to compete in the regional and national *Chidon HaTanach* (National Bible Contest).

ADVISOR:
RABBI ASHER BUSH
MEETING TIME:
MEETS AS NEEDED

.....▶ CRITERIA FOR MEMBERSHIP: STUDENTS MUST DEMONSTRATE AN UNDERSTANDING OF TANACH.

College Bowl

Students possessing a wide range of knowledge enjoy answering questions in a fun-filled, educational framework. Participating members in the Yeshiva High School College Bowl League compete against students from other yeshivot from the tri-state area. Various schools in the league host the four annual meets.

ADVISOR:
RABBI DAVID SHER
MEETING TIME:
MEETS AS NEEDED

.....▶ CRITERIA FOR MEMBERSHIP: THERE IS A WRITTEN TEST OF FORTY QUESTIONS ON INFORMATION RANGING FROM CALCULUS TO ENTERTAINMENT. THE STUDENTS WHO SCORE THE HIGHEST ON THE WRITTEN EXAM ARE INVITED BACK FOR THE SECOND CUT, IN WHICH THEY COMPETE WITH BUZZERS AGAINST OTHER PROSPECTIVE TEAM MEMBERS. THE BEST PROSPECTS ARE CHOSEN TO GO OUT THERE AND MAKE US PROUD.

Debate Team

The Debate Team is comprised of varsity and junior varsity teams. Students learn to research, think, and speak effectively on serious topics. The Debate Teams are members of the North Jersey Debate League. Students participate in competitions for which they research and prepare arguments on an assigned topic. Public speaking skills, working with a partner, meeting deadlines and reasoning abilities are strengthened through participation on the Debate Team. Mock debates are held after school to prepare for the tournaments. At the mock debates, returning team members help new members formulate plans and sharpen skills.

ADVISOR:
MERYL FELDBLUM
MEETING TIME:
MONTHLY
MAXIMUM NUMBER OF
MEMBERS:
VARSITY: 14 DEBATERS AND 8
JUDGES. / JUNIOR VARSITY:
18 DEBATERS AND 8 JUDGES.

.....▶ CRITERIA FOR MEMBERSHIP: STUDENTS MUST TRYOUT. THEY MUST DEMONSTRATE THE ABILITIES TO DO RESEARCH, THINK ON THEIR FEET AND ORALLY EXPRESS THEMSELVES IN A CLEAR AND CONCISE MANNER.

PLEASE NOTE: STUDENTS MAY TRY OUT FOR ALL TEAMS BUT CAN ONLY PARTICIPATE IN EITHER DEBATE, MOCK TRIAL OR MODEL UN.

..... COMPETITIONS

Federal Reserve Bank Challenge

The Wall Street Economics and Finance Club select students for a prestigious program sponsored by the Federal Reserve Bank of New York. Students are invited to attend six meetings, consisting of visits to major financial institutions, at which they learn about careers for economics and finance majors, speak with financial professionals, and hear talks given by Wall Street economists. Club members also have the opportunity to participate in a presentation competition in which summer internships are awarded as prizes. All members will receive college recommendation letters.

ADVISOR:
JERRY CHANDA
MEETING TIME:
TO BE DETERMINED BY THE
FACULTY ADVISOR

.....▶ CRITERIA FOR MEMBERSHIP: TEACHER RECOMMENDATION AND COMMITMENT TO ATTEND AT LEAST FIVE OF THE SIX SESSIONS.

Math League

Outstanding math students participate in state and national math contests and competitions such as: The New Jersey Math League; The American High School Mathematics Examination (AHSME); and the American Invitational Mathematics Examination (AIME).

MEETING TIME:
WEEKLY
SIX CONTESTS
PER YEAR.

.....▶ CRITERIA FOR MEMBERSHIP: STUDENTS IN GRADES 9-12 WHO HAVE ADVANCED MATH ABILITY ARE INVITED TO COMPETE.

Torah Bowl

Students compete against other High Schools and demonstrate their expertise in Torah knowledge. Various schools host the four yearly competitions.

ADVISOR:
RABBI JZ SPIER - BOYS
SARIT ANSTANDIG - GIRLS
MEETING TIME:
MEETS AS NEEDED

.....▶ CRITERIA FOR MEMBERSHIP: STUDENTS MUST TRYOUT AND DEMONSTRATE AN UNDERSTANDING OF CHUMASH.

MUSIC

Band Workshop

Those students who audition for Jazz Band and/or Performance ensemble, and are not selected due to lack of space or ability will be offered a position in the Band Workshop. Students will be given specific training to prepare them to move into Jazz Band and/or Performance Ensemble as students graduate or positions open up. Auditions required.

ADVISOR:
STEVE BILL
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
AUDITIONS REQUIRED.

Choir

The Frisch School Choir provides the opportunity for students to sing and exhibit musical talents. The students learn songs from a variety of genres including: contemporary, Jewish, Israeli and Broadway tunes. Students also learn about their respective parts in the choir - soprano, alto, tenor, bass - and how to sing in harmony. The Choir performs at venues such as: The Frisch School Annual Dinner, the Evening of the Arts and for Yeshivat Noam.

ADVISOR:
JOSHUA EHRLICH
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
NO PRIOR MUSICAL
EXPERIENCE IS NECESSARY.
HOWEVER, STUDENTS MUST
DEMONSTRATE AN ABILITY
TO SING AT AN AUDITION
WITH THE FACULTY
ADVISOR.

Guitar Ensemble

The Guitar Ensemble is a "Learning Lab" environment where technique, chords, soloing resources, reading, playing in a band, etc. are explored through the examination of all the great guitar players of today. Students are encouraged to bring in examples of bands and guitar players they are interested in for study and group evaluation. Students will be grouped according to present skill level - beginners to advanced welcomed.

ADVISOR:
STEVE BILL
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
AUDITIONS REQUIRED.

MUSIC

Jazz Ensemble

The Jazz Ensemble helps students develop the skills necessary to perform jazz and blues music. At practices, students develop an appreciation for the jazz art form by listening to jazz recordings and studying jazz history. Jazz theory is also taught to help students develop the skills necessary to solo on jazz tunes. The advisor and the students work on arrangements for the music, and take home sheet music to prepare songs for the following week. The Jazz Ensemble performs at the Evening of the Arts, for Yeshivat Noam and at other events.

ADVISOR:
STEVE BILL
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
STUDENTS MUST EXHIBIT
MUSICAL COMPETENCY.
AUDITIONS REQUIRED.

Jazz Singers

Jazz Singers is a fun, small vocal ensemble for advanced singers. The group performs 2 or 3-part arrangements of jazz standards by composers such as George Gershwin, Irving Berlin and Duke Ellington along with pop hits from artists whose music evolved from jazz such as Stevie Wonder and Sam Cooke.

ADVISOR:
JOSHUA EHRLICH
MEETING TIME:
WEEKLY
CRITERIA FOR MEMBERSHIP:
NO PRIOR MUSICAL
EXPERIENCE IS NECESSARY.
HOWEVER, STUDENTS MUST
DEMONSTRATE AN ABILITY
TO SING AT AN AUDITION
WITH THE FACULTY
ADVISOR.

Performance Ensemble

Students who enjoy classical music and play a musical instrument may perform in The Frisch Performance Ensemble. The Ensemble performs music from the Baroque, Classical, and Romantic eras. During each rehearsal, students gain experience working with and performing with other student musicians. Students are expected to practice each week at home. Students showcase their talent at the Frisch Evening of the Arts.

ADVISOR:
STEVE BILL
MEETING TIME:
WEEKLY
CRITERIA FOR
MEMBERSHIP:
STUDENTS MUST AUDITION.
STUDENTS MUST SHOW
COMPETENCY ON THEIR
INSTRUMENTS,
CURRENTLY TAKE LESSONS
WITH AN APPROVED
TEACHER, AND BE ABLE
TO COME TO EACH
PRACTICE SESSION.

POLITICS & GOVERNMENT

(AISAC) American Israel Student Action Committee

AISAC promotes Israel awareness within the Frisch community and the Jewish community at large. Media Watch, an important committee of AISAC, sponsors letter-writing campaigns to help refute inaccurate reporting. AISAC writes and distributes a newsletter entitled Acheinu, and a bulletin board is maintained to keep students and faculty informed. Information from CAMERA, current news, and a focused topic is posted. AISAC members help arrange rallies when issues arise. AISAC members have also attended the AISAC Mission to Washington, DC. Monthly meetings of AISAC take the form of a debate where two members choose opposing sides, research their positions and debate the issues.

ADVISOR:
RABBI DAVID SHER
MEETING TIME:
WEEKLY MEETINGS DURING
LUNCH PERIODS, MONTHLY
MEETINGS AFTER SCHOOL



CRITERIA FOR MEMBERSHIP: AN INTEREST IN ISRAEL AND A STRONG BELIEF IN THE NEED FOR ACCURATE REPORTING OF ISSUES THAT CONCERN ISRAEL AND THE JEWISH WORLD.

Mock Trial

The Frisch Mock Trial team consists of students who are interested in learning about and being trained in our nation's judicial system. The Mock Trial team participates in a statewide competition sponsored by the New Jersey State Bar Association. Positions on the team include: lawyers, witnesses, and jurors. Lawyers are responsible for creating and organizing their cases and preparing their witnesses, based on a set of preconceived facts in a hypothetical case. The students then compete against other schools in a court case before a judge in a local courthouse. The Frisch Mock Trial team, in addition to its teacher advisor, has a trial lawyer who helps to prepare students for their cases.

ADVISOR:
JORDANA MONDROW
MEETING TIME:
WEEKLY



CRITERIA FOR MEMBERSHIP: STUDENTS MUST TRYOUT. STUDENTS WILL BE CHOSEN BASED ON THEIR ABILITY TO EXPRESS THEMSELVES ORALLY IN A CLEAR CONCISE MANNER, AND ON THEIR ABILITY TO ANALYZE AND ASSESS SPECIFIC SITUATIONS.

PLEASE NOTE: STUDENTS MAY TRY OUT FOR ALL TEAMS BUT CAN ONLY PARTICIPATE IN EITHER DEBATE, MOCK TRIAL OR MODEL UN.

POLITICS & GOVERNMENT

Model United Nations

Students learn about the function and operation of the United Nations, as well as the intricate workings of the various groups and committees of the UN. At meetings, students research and familiarize themselves with the country they have been appointed to represent. The culmination of this club is a three-day trip to the Yeshiva University sponsored Model United Nations. At this exciting and stimulating event students use skills such as negotiating, crisis management and public speaking.

ADVISOR:
EITAN KASTNER
MEETING TIME:
MEETS WEEKLY DURING
LUNCH, AND EVENINGS
DURING THE WEEKS
PRECEDING THE MODEL
UN CONVENTION



CRITERIA FOR MEMBERSHIP: THIS CLUB IS OPEN TO ALL 10TH, 11TH AND 12TH GRADE STUDENTS. STUDENTS MEET WITH THE FACULTY ADVISOR WHO WILL ASSESS THE STUDENT'S ABILITY TO SUMMARIZE AND THEN DEFEND OR OPPOSE AN OPINION FROM A NEW YORK TIMES OP ED ARTICLE. STUDENTS ARE ALSO EVALUATED ON THEIR EXPRESSION, ARTICULATION, CONFIDENCE, AND MOTIVATION.

PLEASE NOTE: STUDENTS MAY TRY OUT FOR ALL TEAMS BUT CAN ONLY PARTICIPATE IN EITHER DEBATE, MOCK TRIAL OR MODEL UN.

Student Council

Student Council provides student liaison to the administration of Frisch and promotes student involvement in major issues arising within the Frisch community and in the community at large. Student Council also attempts to improve student life at Frisch. At the meetings, minutes are read, issues are debated and decisions are made. Some Student Council activities include: pep rallies, Big Brother/Big Sister programs, Frisch clothing drive, student ID's, student directory, sale of Dunkin Donuts, and the election assembly.

ADVISOR:
RABBI JONATHAN SPIER
MEETING TIME:
MONTHLY

Two representatives per grade are elected each year. Four executive officers are also elected for a total of 12 members.



CRITERIA FOR MEMBERSHIP: TO QUALIFY AS A CANDIDATE A STUDENT MUST MAINTAIN A B AVERAGE AND RECEIVE FACULTY APPROVAL. REPRESENTATIVES CAMPAIGN AND ARE VOTED IN BY THE STUDENTS.



PUBLICATIONS

Be'er Shavua

Be'er Shavua is a weekly newsletter filled with student and faculty Divrei Torah. Students write Divrei Torah on a wide variety of topics including Parshat Hashavuah, Yom Tov, Rosh Chodesh, and Halachic issues. Positions at Be'er Shavua include: editors-in-chief, treasurer, editing staff, contributing staff, as well as layout and distribution staff. Be'er Shavua is printed and distributed weekly.

ADVISOR:
RABBI JONATHAN SPIER
MEETING TIME:
WEEKLY

● CRITERIA FOR MEMBERSHIP: STUDENTS INTERESTED IN RESEARCHING AND WRITING DIVREI TORAH ON THE PARSHA TO ENHANCE SHABBAT.

Foreign Language Journal

The Foreign Language Journal is a multi-language journal published once a year. Languages include French, Hebrew and Spanish. Members of the Foreign Language Journal staff revise and edit work submitted for publication. The editorial staff also prepares the format of the publication. All Frisch students are encouraged to submit work for publication.

MEETING TIME:
MEETS AS NEEDED

● CRITERIA FOR MEMBERSHIP: MEMBERS OF THE STAFF ARE JUNIORS AND SENIORS WHO EXCEL IN WRITING AND READING FRENCH, SPANISH OR LATIN. ALL LEVELS OF STUDENTS ARE ASKED TO SUBMIT WRITTEN WORK.

Frisch Bits

A student produced online newsletter that combines stunning graphics and timely articles about events taking place at Frisch. FrischBits is produced 10 times a year. If you have any talent or interest in the following areas: graphic design including Photoshop, writing, coding in HTML, or video production then FrischBits is the club for you. We meet Monday mornings during breakfast and occasionally after school. Team members will be responsible to produce articles, graphics, and videos. Senior team members are happy to mentor you and train you in any of these skill sets, so prior experience is not required.

ADVISOR:
RABBI TZVI PITTINSKY
MEETING TIME:
MONDAY DURING
BREAKFAST AND
OCCASIONALLY AFTER
SCHOOL

Frisch off the Press

This student-run online publication publishes articles on a consistent news cycle. Frisch off the Press aims to integrate technological advancements and web interactivity. It stresses accurate information and stellar moderation. The goal of the publication is to allow students to hone in on their skills as writers and investigative reporters.

ADVISOR:
RABBI TZVI PITTINSKY
MEETING TIME:
EVERY OTHER TUESDAY
AFTER SCHOOL

● CRITERIA FOR MEMBERSHIP: APPLICATION FOR POSITIONS ARE ACCEPTED AT THE BEGINNING OF EACH SEMESTER AND IS OPEN TO ALL STUDENTS.

PUBLICATIONS



Kalliope (literary magazine)

Students are able to participate in Kalliope by contributing original work: short stories, poetry and essays, as well as art and photography that reflect and enhance the literature. Positions on Kalliope include: editors-in-chief, as well as editors for short stories, essays, poetry, art and layout. Each editor has a staff of two - seven members. Cooperating, organizing, planning, designing, proofreading, editing, critiquing and writing are some of the essential skills Kalliope members must possess for the production of the literary magazine.

ADVISOR:
RACHEL BESSER
MEETING TIME:
EVERY THREE WEEKS AFTER
SCHOOL FROM SEPTEMBER
– MARCH. ADDITIONAL
MEETINGS AS NEEDED.

● CRITERIA FOR MEMBERSHIP: STUDENTS WHO ARE INTERESTED IN WRITING AND/OR ART MAY SIGN UP FOR KALLIOPE. EDITORIAL POSITIONS ARE RESERVED FOR STUDENTS WITH HIGHLY-DEVELOPED LITERARY SKILLS AND EXPERIENCE.

The Struggle (newspaper)

The Struggle is a bimonthly student newspaper. Students learn the principles of journalism, gain experience in gathering information and reporting news stories, and have a forum where they can express their opinions on school and world issues. Staff members attend the Columbia Scholastic Press Association Conference (CSPA). All issues of The Struggle are submitted to the CSPA for award consideration. Positions at The Struggle include: editor-in-chief, section and layout editors, columnists, artists, photographers, and proofreaders.

ADVISOR:
EITAN KASTNER
MEETING TIME:
WEEKLY, ADDITIONAL
MEETINGS AS NEEDED

● CRITERIA FOR MEMBERSHIP: STUDENTS MUST INTERVIEW WITH THE FACULTY ADVISOR AND OUTGOING EDITOR. STUDENTS ARE ALSO ASKED TO SUBMIT SAMPLES OF THEIR WRITING. THOSE APPLYING FOR EDITORIAL POSITIONS MUST ALSO EDIT A SAMPLE ARTICLE.

Sports Journalism Club

In this club we explore the exciting world of sports journalism, media, and culture. We will read books and articles, watch films, and even create some of our own content. The sports journalism club is open to all students with any type of level of sports interest.

ADVISOR:
RABBI BURRY KLEIN
MEETING TIME:
BI-MONTHLY

Yearbook

One way to keep Frisch memories alive is through the yearbook. Students work throughout the year designing, compiling, editing, and revising the yearbook. Positions available include: editors, artists, photographers, historians, writers, layout and advertising staff.

ADVISOR:
RUTH WANG-BIRNBAUM
MEETING TIME:
TWICE A WEEK, ADDITIONAL
MEETINGS AS NEEDED

● CRITERIA FOR MEMBERSHIP: STAFF MEMBERS AND SENIORS THAT ARE ORGANIZED, ABLE TO COMPLETE TASKS IN A TIMELY MANNER, AND HAVE THE NECESSARY SKILLS REQUIRED FOR THEIR POSITIONS.

SPECIAL INTERESTS

Cougar Nation Network

Cougar Nation Network is devoted to live streaming sporting events after school and academic and co-curricular activities. Students are provided with training in multimedia creation, production, and creating broadcasting material.

Dance Club

Students will work together to learn and prepare dances in preparation for school performances and other competitions. All female students are welcome to participate.

Environmental Club

This club focuses on environmental awareness and environmental protection. Students will be volunteering, organizing and researching environmental issues with the hope of getting the whole school and community aware of the many ways we can help keep our earth "green".

Fencing Club

Fencing is an exciting new club that was introduced to The Frisch School in 2014. This club is open to men and women prior experience is not needed. Fencers will develop fundamental footwork skills, basic blade techniques, as well as refereeing skills. The three basic styles of fencing will be introduced; foil, epee, and sabre, although only foil will be taught. Equipment is provided except a glove.

Filmmaking Club

The Beginners' Filmmaking Club will introduce students to film production. Every role in the pre- and post-production of a film, cinematography, sound, lighting and editing, will be explored.

Finance Club

Students will learn about the world of finance, market trends, and how the economy is influenced by consumer spending. Students will participate in mock competitions, and will prepare for the Stock Market Tournament that is hosted by Yeshiva University in the Spring.

ADVISOR:
RABBI TZVI PITTINSKY
MEETING TIME:
BREAKFAST ON TUESDAYS.
CRITERIA FOR MEMBERSHIP:
STUDENTS MUST COMMIT
TO VIDEOTAPING SCHOOL
EVENTS AND ACTIVITIES.

MEETING TIME:
EVERY OTHER THURSDAY
CRITERIA FOR MEMBERSHIP:
ALL FEMALE STUDENTS ARE
WELCOME.

ADVISOR:
AHUVA MANTELL
MEETING TIME:
EVERY OTHER MONDAY
CRITERIA FOR MEMBERSHIP:
STUDENTS INTERESTED IN
HELPING FRISCH GO GREEN.

ADVISOR:
MR. CARNEVALE
MEETING TIME:
EVERY MONDAY
FEE REQUESTED.

ADVISOR:
RABBI JOSH WEINBERG
MEETING TIME:
BI-MONTHLY

MEETING TIME:
BI-MONTHLY
CRITERIA FOR MEMBERSHIP:
STUDENTS INTERESTED IN
THE WORLD OF FINANCE.

SPECIAL INTERESTS



Frisch Farm

The Frisch Farm is an 800 square foot organic vegetable farm located on campus. The Farm Club meets weekly to grow vegetables, tend to the compost, and enjoy the fruits of their labor! We learn Farm Torah too, helping us connect to Hashem through the earth.

ADVISOR:
YOSEF GILLERS
MEETING TIME:
EVERY FRIDAY

Ice Hockey Club

The Frisch Varsity ice hockey team has, in its short existence thus far, surpassed all expectations for a new high school team. In its first year of state competition, the team qualified for the State Championship final tournament. It is the only yeshiva team playing in the state league. The dedicated players enjoy the competition, the thrill of distinguishing themselves as proud Jewish athletes in a state league, and possess a genuine passion for the sport.

COACH:
RALPH ABACASSIS
MEETING TIME:
WEEKLY

Improv Club

The club is geared toward students interested in learning the techniques of informal acting. Learn how to utilize your creativity toward great new heights!

ADVISOR:
RABBI NEIL FLEISCHMANN
MEETING TIME:
MONTHLY
CRITERIA FOR MEMBERSHIP:
STUDENTS INTERESTED IN
INFORMAL ACTING.

Lacrosse Club

Frisch will be debuting a boys lacrosse team for the fall of 2016-2017 academic year. Lacrosse is one of the fastest-growing team sports at the high school level in the United States. Frisch is pleased to be the only yeshiva high school in the metropolitan area to offer this popular sport.

MEETING TIME:
SUNDAYS
FEE REQUESTED.

PreMed Society

PreMed Society is a club geared toward those students who have an interest in medicine. During the course of the year, there are guest speakers from different fields of medicine with whom students can interact. Students may also take part in "practical" sessions (i.e. taking vitals, CPR, etc.) as well as discussions regarding the necessary steps in gaining admittance to Medical School. Each year there is a fund raiser for an agreed upon charity.

ADVISOR:
MRS. ALAYNA SCHNIPPER
MEETING TIME:
MONTHLY
CRITERIA FOR MEMBERSHIP:
STUDENTS INTERESTED
IN LEARNING ABOUT THE
MEDICAL FIELD.

Salute to Israel Parade Committee

Student volunteers plan, organize, gather materials, and produce the displays the Frisch school uses when marching in the Salute to Israel Parade. The Committee also plays an integral role in setting up the props at the parade.

ADVISOR:
RABBI JOSHUA SCHULMAN
MEETING TIME:
EARLY SPRING TO PARADE,
MEETS AS NEEDED
CRITERIA FOR MEMBERSHIP:
A COMMITMENT TO WORK
AND SUPPORT ISRAEL. 14



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For the latest Frisch news and to get a view inside The Frisch Experience,
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and like The Frisch School on our new Facebook Page: <http://facebook.com/frischschool>