

# FRISCH TEAM TRYOUTS

		<a href="https://tinyurl.com/cougarsports">Parents/Athletes must fill out https://tinyurl.com/cougarsports</a>	
<u>DAY</u>	<u>DATE</u>	<u>ACTIVITY</u>	<u>TIME</u>
Wed.	Sept. 4th	Girls Varsity Volleyball	5:30 p.m. - 7:30 p.m.
Wed.	Sept. 4th	Boys Varsity Basketball	6:30 p.m. - 9:00 p.m.
Thur.	Sept. 5th	Boys JV Floor Hockey	5:30 p.m. - 7:30 p.m.
Thur.	Sept. 5th	Girls Ice Hockey	5:30 p.m. - 6:15 p.m.
Thur.	Sept. 5th	Boys Ice Hockey	6:15 p.m. - 7:00 p.m.
Thur.	Sept. 5th	Boys Varsity Floor Hockey	7:45 p.m. - 9:45 p.m.
Fri.	Sept. 6th	Boys JV Basketball	1:30 p.m.- 3:30 p.m.
Sun.	Sept. 8th	Girls JV & Varsity Basketball	8:00 a.m. - 10:00 a.m.
Sun.	Sept. 8th	Girls JV Volleyball	11:00 a.m. - 1:30 p.m.
Sun.	Sept. 8th	Girls Outdoor Soccer	12:00 p.m. - 2:00 p.m.
Sun.	Sept. 8th	Boys Outdoor Soccer	2:00 p.m. - 4:00 p.m.
Sun.	Sept. 8th	Girls Swim*	6:30 p.m. - 8:00 p.m.
Mon.	Sept. 9th	Boys Wrestling	5:30 p.m. - 8:00 p.m.
Tue.	Sept. 24th	Baseball	7:00 p.m. - 9:00 p.m.
Wed.	Sept. 25th	Girls Softball	5:30 p.m. - 7:30 p.m.
Sun.	Nov 3rd.	Girls Floor Hockey	4:00 p.m. - 6:00 p.m.
Sun.	Nov.17th	Girls Varsity Indoor Soccer	2:00 p.m. - 4:00 p.m.
Sun.	Nov.17th	Boys JV Indoor Soccer	6:00 p.m. - 8:00 p.m.
Sun.	Nov.17th	Boys Varsity Indoor Soccer	8:00 p.m. - 9:30 p.m.
Sun.	Feb. 2nd	Girls JV Indoor Soccer	2:00 p.m. - 4:00 p.m.
Sun.	Feb 9th.	Boys Volleyball	2:00 p.m. - 4:00 p.m.
* TRYOUTS AT Hackensack YMCA Fee \$250			
<i>Players who were on the team last year need to tryout again.</i>			
<b>No student can play on more than one team per semester!</b>			
JV teams are open to 9th and 10th graders.Varsity Teams are open to 11th and 12th graders.			
Team sports with no JV are open to all students.			
<b><u>Open to All Students</u></b>			
<b>Cross Country/ Track: Tue. September 10th Club Fair. Subsequent practice TBA</b>			
<b>Fencing: Tue. September 10th Club Fair. Subsequent practice TBA FEE \$75</b>			
<b>Boys Lacrosse: Tue September 10th Club Fair. Subsequent practice TBA</b>			
<b>Boys Volleyball, Girls Hockey, Softball, Baseball, Tennis and Indoor Soccer play in the spring.</b>			
Tennis - To Be Announced			
BJV Softball - To Be Announced			
BV Softball - To Be Announced			