

CO-CURRICULAR ACTIVITIES

2019-2020
5779-5780

The Mordecai & Monique Katz Academic Building

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Dear Parents and Students:

Some of the most exciting and educationally enriching aspects of one's high school experience take place outside the classroom and after regular school hours. Yeshivat Frisch encourages each of our students to explore and develop his/her talents in the areas of artistic creativity, journalism and writing, athletics, community service and Chessed, scientific discovery, politics and so much more.

Each year as the adults at Frisch interact with our students, we are impressed by their accomplishments, leadership, spirit and initiative. We invite and encourage you not only to be involved in some of the activities described in this co-curricular guide but also to come to us with ideas for new activities and endeavors. Some of the best, most successful activities are initiated each year by students.

I'm also pleased to announce our new Director of Co-Curricular Activities, Rabbi Joshua Schulman. Rabbi Schulman's care for each student, along with his strong administrative skills, will allow our community to continue to cultivate our core value of the pursuit of passions. Please do not hesitate to contact him with new ideas or to ask for help or advice to get yourself involved in one or more of these wonderful opportunities.

Sincerely,

A handwritten signature in black ink, appearing to be 'Eli Ciner', with a long horizontal flourish extending to the right.

Rabbi Eli Ciner
Principal



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ARTS & CULTURE

ART CLUB: STUDIO ART, SCULPTURE AND FASHION

The Frisch Art Club gives students a forum to express their artistic talents. Students can study media which include: acrylic paint and canvas, pastels, charcoal, pencil, watercolor, mixed media wire and other two and three-dimensional media. The instructor helps students develop and refine their techniques as well as their personal means of artistic expression. Instruction is individualized and based on student interest. Technical skill development in realistic drawing, perspective and advanced color theory is also available. Students learn basic sewing and fashion illustration, draw and study fashion from different eras. Throughout the school year, samples of students' artwork are on display. Students showcase their artwork at the Frisch Evening of the Arts.

*Advisor:
Mrs. Mira Levy
Fee Required
Meeting Time:
Weekly*

DRAMA SOCIETY

The Drama Society is famous for its annual spring production. During the school year, students study acting methodology, script/character analysis, directing techniques, set/light design, theatrical protocol, mime and improvisation. Auditions are held and committees are formed. Publicity, lighting/sound, set/props, production assistants, and tech staff are just some of the essential committees needed to ensure the success of the play.

*Advisor:
Mr. Danny Hoffman
Meeting Time:
Weekly*

** Criteria for Membership: Audition Required*

FILM CLUB

Students study and critique films. Each year, students choose a few themes to study. Film techniques, genre, character and plot development, social commentary and specific directors and producers are studied. Students arrange to watch the movies at home and analyze them in a group discussion.

*Advisor:
Dr. Anne Berkman
Meeting Time:
Monthly*

ARTS & CULTURE

PHOTOGRAPHY CLUB

In the Photography Club, students study the process of photography, camera technique, composition, light, color contrast and harmony, space, texture and other artistically useful perceptions. Students are also introduced to digital cameras and computer manipulation of photographs. They also study various genres of photography including photojournalism, black and white, portrait, landscape, nature and cityscape. Photographs are exhibited throughout the school.

Advisor:
Mr. Meir Kruter
Meeting Time:
Weekly

POETRY CLUB

The Poetry Club meets monthly and is geared for students who would like to learn more about poetry and practice their poetry skills. Club members read a selection of contemporary American poetry and discuss it. Those students who would like to flex their poetry writing and recital skills are also invited to read during the meetings and receive critical feedback on their work. Students are also invited to participate in poetry competitions that occur against other yeshivot three times during the academic year.

Advisor:
Rabbi Neil
Fleischmann
Meeting Time:
Monthly

SEWING CLUB

Learn to sew professional looking clothing in no time with Belle Mell. Beginners will learn sewing skills that establish a solid foundation on which to build. First projects include designing and constructing a skirt and t-shirt using knit fabrics. Advanced students are introduced to woven fabrics, are taught to create darts, put in invisible zippers, set in sleeves and create a variety of hems, among other skills. Individual projects are chosen with guidance, and essentially, students are given the skills to bring their designs to life and produce quality garments. Their broad spectrum of skills will take them to limitless heights in their sewing careers and provide a solid foundation for entry into the world of fashion.

Advisor:
Mrs. Vivian Burns
Fee Required
Meeting Time:
Weekly

ATHLETICS

FRISCH ATHLETICS

Frisch is a member of the Metropolitan Yeshiva High School League. Frisch athletes compete with other yeshiva athletes dedicated to Jewish values and education. Students learn teamwork, concentration and dedication. They learn to excel as individual players and as members of a team. The teams have won many league championships and the students who have participated experienced personal growth and maturation.

Frisch Teams Include:

Baseball:	Boys	Softball:	Boys Junior Varsity, Boys and Girls Varsity
Basketball:	Boys and Girls Junior Varsity and Varsity	Swimming:	Girls
Hockey:	Boys Junior Varsity, Boys and Girls Varsity	Tennis:	Boys and Girls
Ice Hockey:	Boys	Track:	Boys and Girls
Soccer:	Boys and Girls Junior Varsity and Varsity	Volleyball:	Girls Junior Varsity, Boys and Girls Varsity
		Wrestling:	Boys

Advisor:
Mr. Aron Coren
Meeting Time:
Practice sessions are after school, prior to and during the season Official games take place in the evenings and on Sundays

No student can play on more than one team per semester.

Junior Varsity teams are open to 9th and 10th graders. Varsity Teams are open to 11th and 12th graders. Teams for sports with no Junior Varsity are open to all students.

** Criteria for Membership: Students qualify based upon performance at team tryouts. Wrestling and track are open to all who will commit to the workout periods.*

INTRAMURAL SPORTS

Frisch offers basketball intramurals (FBI) and football intramurals (IFL) for boys. The basketball intramurals begin in March with weekly games on Wednesdays after school. The football season begins after Sukkot (with the sign up and draft prior to Sukkot), and the season lasts the entire school year. The games are played on Fridays, after school, on the Frisch fields. The freshmen have their own league, while the 10th-12th graders play in a separate league. All of the various intramurals combine intensity and fun, competition and sportsmanship. They are also a great way to make new friends and create long-lasting memories. Looking forward to seeing you there!

IFL Advisor: Rabbi Jonathan Schachter
FBI Advisor: Rabbi Yosef Weinberger
IFL Meeting Time: Fridays
FBI Meeting Time: Wednesday 5:15-6:00 PM

COMMUNAL SERVICE

BIG BROTHER/BIG SISTER

Seniors mentor incoming freshmen, beginning at Freshman Orientation. The relationships are developed at Freshman Retreat and continue through the year.

** Criteria for Membership: Open to seniors only. Students must be approved by the faculty.*

*Advisor:
Rabbi Jonathan
Schachter
Meeting Time:
As needed*

CHESSD SOCIETY

The goal of the Chessed Society is to improve Frisch students' sense of themselves by enhancing the lives of others.

The Chessed Society's projects include, but are not limited to: monthly visits to senior care facilities, Peer Tutoring, Thanksgiving and Pesach food drives, Chanukah toy drive, Friendship Circle, chessed newsletter, and Yachad events.

*Advisor:
Rabbi Joshua
Schulman
Meeting Time:
Monthly*

KAHAL

Kahal promotes Jewish life at Frisch and sponsors activities to benefit Jewish causes and organizations. Each year, Kahal runs a "three-on-three" basketball tournament and organizes other fundraisers whose proceeds go to tzedakah. Students select which Jewish tzedakah fund the proceeds will benefit.

*Advisor:
Rabbi Eli Ciner
Meeting Time:
Monthly - Additional
meetings as needed*

KOOKIES FOR KINDNESS

Kookies for Kindness is the most recent addition to the Chessed projects at Frisch. Kookies is a student run group which bakes cookies and sells them in beautifully packaged platters for Shabbat. Student leaders research and select worthy causes as beneficiaries of the sales. Students plan, advertise, bake, package, and sell the wildly popular cookies. Bake sales take place multiple times throughout the school year.

*Advisor:
Mrs. Ahrona Indyk
Amar
Meeting Time:
Monthly*

COMPETITIONS

CHESS TEAM

Students play chess against their peers in an organized setting. During meetings, students learn strategies that will help them improve their chess game. The Chess Club competes as part of the Metropolitan Yeshiva Chess League.

Advisor:
Ms. Diana Tulman
Meeting Time:
Weekly
League contests -
monthly

CHIDON HATANACH

Students prepare to compete in the regional and national Chidon HaTanach (National Bible Contest).

** Criteria for Membership: Students must demonstrate an understanding of Tanach*

Advisor:
Rabbi Asher Bush
Meeting Time:
As needed

COLLEGE BOWL

Students possessing a wide range of knowledge enjoy answering questions in a fun-filled, educational framework. The team competes against students from other yeshivot from the tri-state area. Various schools in the league host the four annual meets.

** Criteria for Membership: There is a written test of forty questions on information ranging from calculus to entertainment. The students who score the highest on the written exam are invited back for the second cut, in which they compete with buzzers against other prospective team members. The best prospects are chosen to go out there and make us proud.*

Advisor:
Rabbi Ariel Auman
Meeting Time:
As needed

DEBATE TEAM

The varsity and junior varsity Debate Teams are composed of students who learn to research, think, and speak effectively on serious topics. Students participate in competitions for which they research and prepare arguments on an assigned topic. Public speaking skills, working with a partner, meeting deadlines and reasoning abilities are strengthened through participation on the Debate Team. Mock debates are held after school to prepare for the tournaments. At

Advisor:
Rabbi Ariel Auman
Meeting Time: Bi-
Monthly
Maximum Number of
Members:
Varsity: 14 debaters
and 8 judges. / Junior
varsity: 18 debaters and
8 judges. Fee Required

COMPETITIONS

the mock debates, returning team members help new members formulate plans and sharpen skills. The Debate teams are members of the North Jersey Debate League.

** Criteria for Membership: Students must try out. They must demonstrate the abilities to do research, think on their feet and orally express themselves in a clear and concise manner.*

PLEASE NOTE: Students may try out for all teams but can only participate in either Debate, Mock Trial or Model UN.

FEDERAL RESERVE BANK CHALLENGE

The Federal Reserve Bank Challenge is a program sponsored by the Federal Reserve Bank of New York. Students are invited to attend six meetings, consisting of visits to major financial institutions, at which they learn about careers for economics and finance majors, speak with financial professionals, and hear talks given by Wall Street economists. Club members also have the opportunity to participate in a presentation competition in which summer internships are awarded as prizes. All members will receive college recommendation letters.

** Criteria for Membership: Teacher recommendation and commitment to attend at least five of the six sessions.*

*Meeting Time:
To be determined by
the Faculty Advisor*

MATH LEAGUE

Outstanding math students participate in state and national math contests and competitions such as: The New Jersey Math League; The American High School Mathematics Examination (AHSME); and the American Invitational Mathematics Examination (AIME).

** Criteria for Membership: Students in grades 9-12 who have advanced math ability are invited to compete.*

*Advisor:
Mrs. Sabrina
Bernath
Meeting Time:
Weekly
Six contests per year*

COMPETITIONS

MODEL BEIT DIN

In Model Beit Din students prepare, investigate and formulate halachic responsa addressing a current issue. Students explore how the halachic approach differs at times from the secular-legal approach. Examples of issues that have been studied in the past include: Can you torture a terrorist for information? Who has the authority to make end-of-life medical decisions? The research culminates in a symposium with other schools at which the team presents their research before the Beit Din of America.

*Advisor:
Rabbi Gedaliah Jaffe
Meeting Time:
Weekly*

TORAH BOWL

Students compete against other High Schools and demonstrate their expertise in Torah knowledge. Various schools host the four yearly competitions.

** Criteria for Membership: Students must try out and demonstrate an understanding of Chumash.*

*Boys Advisor:
Rabbi Gedaliah Jaffe
Girls Advisor:
Mrs. Talia Pfeiffer
Meeting Time:
As Needed*

ENGINEERING AND CS

CIJE ROBOTICS CHALLENGE

CIJE Robotics Challenge is the first Yeshiva Day School robotics league. A team of students will be chosen to participate and compete in the design and construction of robots to meet proposed challenges.

** Criteria for Membership: Students must be in the robotics program to be eligible to participate in the challenges.*

*Advisor:
Mrs. Rifkie Silverman
Meeting Time:
Weekly*

CODING CLUB

Students will work with the club advisor and with peer mentors to expand their understanding of current web technologies and the design of modern apps. The club consists of two parts, a learning stage and a project-design stage, with the goal of competing in inter-school coding challenges ("hackathons"). Technologies of interest include Python, Java, HTML5, and iOS/Android app development. No prior experience necessary.

*Advisor:
Dr. Luke Czapla
Meeting Time:
Weekly*

GIRLS WHO CODE

Frisch's GWC club is a national nonprofit organization dedicated to closing the gender gap in technology. Girls meet with a GWC instructor to learn programming skills in Python, HTML, CSS and Javascript. Girls work in groups to design and develop coding projects, and have guest lecturers and site visits with women in technology.

*Advisor:
Mrs. Rifkie Silverman
& Dr. Luke Czapla
Meeting Time:
Weekly*

ROBOTICS - BEGINNER AND ADVANCED

Students will be introduced to microcontrollers, programming, sensors, and actuators. The curriculum is project-based. Various projects are assigned to the students who not only have to build robots with sensor attachments, but also have to design algorithms to solve problems and then write computer programs to implement them. Each project highlights a different challenge using different

*Advisor:
Mrs. Rifkie Silverman
& Dr. Luke Czapla
Meeting Time:
Weekly*

ENGINEERING AND CS

sensors. In addition to programming, the course covers mechanical and structural design, touch sensors, color and light sensors, ultrasonic sensors, gears and power, motors and other actuators, and some computer architecture. The course concludes with a sumobot competition (a robot competition derived from Sumo wrestling) in which the students use all of their accumulated knowledge to build individual sumobots and compete in a class-wide competition. Students will use LEGO Mindstorms as the Robotics platform and ROBOTC as the programming language.

** Criteria for Membership: No prior experience needed for the beginners group. Advanced group requires prior participation in the robotics program or strong coding skills.*

SCIENCE OLYMPIAD

Science Olympiad is an academic club in which students train for various science-oriented team events and compete against other Yeshiva High School students in a tournament held in March. The Students compete in events from a wide range of disciplines including biology, earth science, chemistry, anatomy, physics, geology, mechanical engineering and technology. Emphasis is placed on problem solving techniques, lab work and group participation.

*Advisor:
Dr Jennifer Blanck
Meeting Time:
As needed*

MUSIC

CHOIR

The Frisch School Choir provides the opportunity for students to sing and exhibit musical talents. The students learn songs from a variety of genres including: contemporary, Jewish, Israeli and Broadway. Students also learn about their respective parts in the choir - soprano, alto, tenor, bass - and how to sing in harmony. The Choir performs at venues such as: The Frisch School Annual Dinner, the Evening of the Arts and for Yeshivat Noam.

** Criteria for Membership: No prior musical experience is necessary. However, students must demonstrate an ability to sing at an audition .*

*Advisor:
Mrs. Randi Wartelsky
Meeting Time:
Weekly*

JAZZ ENSEMBLE

The Jazz Ensemble helps students develop the skills necessary to perform jazz and blues music. At practices, students develop an appreciation for the jazz art form by listening to jazz recordings and studying jazz history. Jazz theory is also taught to help students develop the skills necessary to solo on jazz tunes. The advisor and the students work on arrangements for the music, and take home sheet music to prepare songs for the following week. The Jazz Ensemble performs at the Evening of the Arts, for Yeshivat Noam and at other events.

**Criteria for Membership: Students must exhibit musical competency. Auditions required.*

*Advisor:
Mr. Steve Bill
Meeting Time:
Weekly*

PERFORMANCE ENSEMBLE

Students who enjoy classical music and play a musical instrument may perform in The Frisch Performance Ensemble. The Ensemble performs music from the Baroque, Classical, and Romantic eras. During each rehearsal, students gain experience working with and performing with other student musicians. Students are expected to practice each week at home. Students showcase their talent at the Frisch Evening of the Arts.

** Criteria for Membership: Students must audition. Students must show competency on their instruments, currently take lessons with an approved teacher, and be able to come to each practice session.*

*Advisor:
Mr. Steve Bill
Meeting Time:
Weekly*

POLITICS & GOVERNMENT

(AISAC) AMERICAN ISRAEL STUDENT ACTION COMMITTEE

AISAC promotes Israel awareness within the Frisch community and the Jewish community- at- large. Media Watch, an important committee of AISAC, sponsors letter-writing campaigns to help refute inaccurate reporting. AISAC writes and distributes a newsletter entitled Acheinu, and a bulletin board is maintained to keep students and faculty informed. Information from CAMERA, current news, and a focused topic are posted. AISAC members help arrange rallies when issues arise. AISAC members have also attended the AISAC Mission to Washington, DC. Monthly meetings of AISAC take the form of a debate where two members choose opposing sides, research their positions and debate the issues.

*Advisor:
Rabbi David Sher
Meeting Time:
Weekly meetings
during lunch periods,
monthly meetings
after school*

MOCK TRIAL

The Frisch Mock Trial team consists of students who are interested in learning about and being trained in our nation's judicial system. Positions on the team include: lawyers, witnesses, and jurors. Lawyers are responsible for creating and organizing their cases and preparing their witnesses, based on a set of repret facts of a hypothetical case. The Mock Trial team participates in a statewide competition sponsored by the New Jersey State Bar Association. Students compete against other schools in a court case before a judge in a local courthouse. The Frisch Mock Trial team, in addition to its teacher advisor, has a trial lawyer who helps to prepare students for their cases.

** Criteria for Membership: Students must try out. Students will be chosen based on their ability to express themselves orally in a clear, concise manner, and on their ability to analyze and assess specific situations.*

PLEASE NOTE: Students may try out for all teams but can only participate in either Debate, Mock Trial or Model UN.

*Advisor:
Rabbi Josh
Weinberg
Meeting Time:
Weekly*

POLITICS & GOVERNMENT

MODEL UNITED NATIONS

Students learn about the function and operation of the United Nations, as well as the intricate workings of the various groups and committees of the UN. At meetings, students research and familiarize themselves with the country they have been appointed to represent. The culmination of this club is a three-day trip to the Yeshiva University-sponsored Model United Nations. At this exciting and stimulating event students use skills such as negotiating, crisis management and public speaking.

** Criteria for Membership: This club is open to all 10th, 11th and 12th grade students. Students meet with the faculty advisor who will assess the student's ability to summarize and then defend or oppose an opinion from a New York Times Op-Ed article. Students are also evaluated on their expression, articulation, confidence, and motivation.*

PLEASE NOTE: Students may try out for all teams but can only participate in either Debate, Mock Trial or Model UN.

*Advisor:
Mr. Eitan Kastner
Meeting Time:
Meets weekly during
lunch, and evenings
during the weeks
preceding the Model
UN convention*

STUDENT COUNCIL

Student Council provides student liaison to the administration of Frisch and promotes student involvement in major issues arising within the Frisch community and in the community-at-large. Student Council also attempts to improve student life at Frisch. At the meetings, minutes are read, issues are debated and decisions are made. Some Student Council activities include: pep rallies, Big Brother/Big Sister programs, Frisch clothing drive, student ID's, student directory, sale of Dunkin Donuts, and the election assembly.

Two representatives per grade are elected each year. Four executive officers are also elected for a total of 12 members.

** Criteria for Membership: To qualify as a candidate a student must maintain a B average and receive faculty approval. Representatives campaign and are voted in by the students.*

*Advisor:
Rabbi Jonathan
Spier Meeting Time:
Monthly*

PUBLICATIONS

BE'ER SHAVUA

Be'er Shavua is a weekly newsletter filled with student and faculty Divrei Torah. Students write Divrei Torah on a wide variety of topics including Parashat Hashavua, Yom Tov, Rosh Chodesh, and halachic issues. Positions at Be'er Shavua include: editors-in-chief, treasurer, editing staff, contributing staff, as well as layout and distribution staff. Be'er Shavua is printed and distributed weekly.

*Advisor:
Rabbi Yaki Blau
Meeting Time:
Weekly*

COUGARS WRITE TOGETHER

Cougars Write Together is organized and run by students who want a place where they can meet to write, discuss, workshop, and revise their writing. Meetings also consist of idea-generating activities, information about writing contests, and creating the supportive writing atmosphere necessary for success.

*Meeting Time:
Every Tuesday
during breakfast*

FOREIGN LANGUAGE JOURNAL

The Foreign Language Journal is a multi-language journal published once a year. Languages include French, Hebrew and Spanish. Members of the Foreign Language Journal staff revise and edit work submitted for publication. The editorial staff also prepares the format of the publication. All Frisch students are encouraged to submit work for publication.

*Meeting Time: Meets
As needed*

** Criteria for Membership: Members of the staff are juniors and seniors who excel in writing and reading French, Hebrew or Spanish. Students of all levels are encouraged to submit written work*

PUBLICATIONS

FRISCH BITS

A student produced online newsletter that combines stunning graphics and timely articles about events taking place at Frisch. FrischBits is produced 10 times a year. If you have any talent or interest in the following areas: graphic design including Photoshop, writing, coding in HTML, or video production, then Frisch Bits is the club for you. We meet Monday mornings during breakfast and occasionally after school. Team members will be responsible to producing articles, graphics, and videos. Senior team members are happy to mentor you and train you in any of these skill sets, so prior experience is not required.

*Advisor:
Rabbi Tzvi Pittinsky
Meeting time:
Monday during
breakfast and
occasionally after
school*

FRISCH OFF THE PRESS

This student-run online publication publishes articles on a consistent news cycle. Frisch Off the Press aims to integrate technological advancements and web interactivity. It stresses accurate information and stellar moderation. The goal of the publication is to allow students to hone their skills as writers and investigative reporters.

*Advisor:
Rabbi Daniel Rosen
Meeting Time:
As needed*

FRISCH TORAH JOURNAL

The Frisch Torah Journal is a club which teaches the skills required to create an insightful d'var Torah. It culminates in the publication of an annual collection of original Torah-based articles researched and written up by Frisch students. Participants are expected to attend several training sessions on how to properly research a Torah topic. Writers then pick a topic of interest, submit outlines and drafts and, hopefully, end with a product worthy of publication.

*Advisor:
Rabbi Yaki Blau
Meeting Time: As
needed*

** Criteria for Membership: Editorial positions are open to seniors and juniors.*

PUBLICATIONS

KALLIOPE (LITERARY MAGAZINE)

Students are able to participate in Kalliope by contributing original work: short stories, poetry and essays, as well as art and photography that reflect and enhance the literature. Positions on Kalliope include: editors-in-chief, as well as editors for short stories, essays, poetry, art and layout. Each editor has a staff of two to seven members. Cooperating, organizing, planning, designing, proofreading, editing, critiquing and writing are some of the essential skills Kalliope members must possess for the production of the literary magazine.

** Criteria for Membership: Students who are interested in writing and/or art may sign up for Kalliope. Editorial positions are reserved for students with highly- developed literary skills and experience.*

*Advisor:
Ms. Lauren Burstein
Meeting Time:
Every three weeks
after school from
September – March.
Additional meetings
as needed.*

YEARBOOK

One way to keep Frisch memories alive is through the yearbook. Students work throughout the year designing, compiling, editing, and revising the yearbook. Positions available include: editors, artists, photographers, historians, writers, layout and advertising staff.

** Criteria for Membership: Staff members and seniors that are organized, able to complete tasks in a timely manner, and have the necessary skills required for their positions.*

*Advisor:
Mrs. Ruth Wang-
Birnbaum
Meeting Time:
Twice a week,
additional meetings
as needed*

SPECIAL INTERESTS

AMERICAN SIGN LANGUAGE CLUB

The ASL club focuses on teaching vocabulary based sign language to help people get involved in this beautiful language. Using frequently used signs and songs with easy vocabulary, we work to help provide a basic understanding of American Sign Language.

*Meeting Time:
Every other Thursday*

COUGAR NATION NETWORK

Cougar Nation Network is devoted to live streaming sporting events after school and academic and co-curricular activities. Students are provided with training in multimedia creation, production, and creating broadcasting material.

** Criteria for Membership: Students must commit to simulcasting school events and activities.*

*Advisor:
Rabbi Tzvi Pittinsky
Meeting Time:
Breakfast on
Tuesdays*

DANCE CLUB

Students will work together to learn and prepare dances in preparation for school performances and other competitions. All female students are welcome to participate.

*Advisor:
Mrs. Deborah
Pearlman
Meeting Time:
Every other Thursday*

FENCING CLUB

This club is open to men and women and prior experience is not needed. Fencers will develop fundamental footwork skills, basic blade techniques, as well as refereeing skills. The three basic styles of fencing will be introduced; foil, epee, and sabre, although only foil will be taught. Equipment is provided, but students must purchase a glove.

*Coach:
Mr. Daniel Levine
Meeting time:
Every Monday*

SPECIAL INTERESTS

FILMMAKING CLUB

The Beginners' Filmmaking Club will introduce students to film production. Every role in the pre- and post-production of a film, cinematography, sound, lighting and editing, will be explored.

Advisor:
Rabbi Josh
Weinberg
Meeting Time:
Bi-Monthly

FINANCE CLUB

Students will learn about the world of finance, market trends, and how the economy is influenced by consumer spending. Students will participate in mock competitions, and will prepare for the Stock Market Tournament that is hosted by Yeshiva University in the Spring.

Meeting Time:
Bi-monthly

FRISCH FARM

The Frisch Farm is an 800-square foot organic vegetable farm located on campus. The Farm Club meets weekly to grow vegetables, tend to the compost, and enjoy the fruits of their labor! We learn Farm Torah too, helping us connect to Hashem through the earth.

Advisor:
Mr. Yosef Gillers
Meeting time:
Every Thursday

IMPROV CLUB

The club is geared toward students interested in learning the techniques of informal acting. Learn how to utilize your creativity to reach great new heights!

Advisor:
Rabbi Neil
Fleischmann
Meeting Time:
Monthly

LACROSSE CLUB

Frisch introduced boys lacrosse in the fall of 2016-2017. This year the team looks to expand its membership. Lacrosse is one of the fastest-growing team sports at the high school level in the United States. Frisch is pleased to be the only yeshiva high school in the metropolitan area to offer this popular sport.

Coach:
Mr. Marc Goldfarb
Meeting Time:
Sundays

SPECIAL INTERESTS

OUTDOOR SOCCER

Frisch is excited to launch an outdoor soccer club for both boys and girls. This is a great opportunity to learn the fundamentals or improve your game. Scrimmages will take place on our beautiful outdoor grounds.

Coach:
Boys: Mr. Joshua Pransky
Girls: Ms. Dara Zaer
Meeting Time:
Weekly

MEMORY CLUB

Every week the Frisch Memory Club focuses on learning a different technique to enhance our memory, from learning how to memorize long lists to learning how to remember people's names and faces. This knowledge can also help people on their test taking and studying skills. The club is based on a national program inspired by Harry Lorayne, author of the Memory Book.

Meeting Time:
Tuesday during breakfast

PEER TUTORING

Peer Tutoring is a program which pairs students who need help in a particular subject with a fellow student who has successfully completed that subject. Students work together to arrange a mutually convenient time during which they can study together. Students interested in serving as a peer tutors or who wish to connect with a peer tutor should contact Dr. Blanck, and include details of the subject and level s/he would like to tutor or be tutored in.

Advisor:
Dr. Jennifer Blanck
Meeting Time:
As needed

PREMED SOCIETY

PreMed Society is a club geared toward those students who have an interest in medicine. During the course of the year, there are guest speakers from different fields of medicine with whom students can interact. Students may also take part in "practical" sessions (i.e. taking vitals, CPR, etc.) as well as discussions regarding the necessary steps in gaining admittance to Medical School. Each year there is a fundraiser for an agreed-upon charity.

Advisor:
Mr. Evan Silberstein
Meeting Time:
Monthly

SPECIAL INTERESTS

SALUTE TO ISRAEL PARADE COMMITTEE

Student volunteers plan, organize, gather materials, and produce the displays. The Frisch School uses when marching in the Salute to Israel Parade. The Committee also plays an integral role in setting up the props at the parade.

*Advisor:
Rabbi Joshua
Schulman
Meeting Time:
spring time, As
needed.*

SKI CLUB

The Ski Club is a good way to improve your skills in skiing and snowboarding while developing new friendships and having fun. There will be two outings, one in December and one in February.

*Advisor:
Rabbi Michael
Zauderer
Meeting Time:
As needed*



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2019-2020

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