THE FRISCH SCHOOL שיבת פריש The Henry & Esther Swieca Family Campus



RETURNING TO CENTURY ROAD: YESHIVAT FRISCH REOPENING PLAN 2020-21 ACADEMIC YEAR

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July 28, 2020

Dear Yeshivat Frisch Community,

Over the recent months and weeks, we have been working with our medical advisory board, lay leadership and with government officials to craft proposals for us to return to the Frisch campus. During this time, we have been meeting with other high schools in the area, sharing information and supporting each other. The attached policies and procedures for Frisch are a result of those conversations and based on the counsel of the New Jersey Yeshiva High School Joint Medical Committee. Please read this document carefully and discuss it with your child(ren).

We have waited to release our reopening plan, allowing us to monitor the most recent developments regarding COVID-19 in our community and surrounding area. Please understand that the situation remains fluid, and these procedures may change as the situation evolves. The upcoming year will be different, but we are optimistic that we will be able to provide the experience unique to our mission. One of the greatest compliments we receive is that students enjoy coming to school every day. We are determined to continue engaging our students with the joys of learning in the Frisch spirit. While focusing on safety and academics, we are committed to cultivating our yeshiva's culture and quality of life. We will strive for our students to spend equal time indoors and outdoors on our Frisch campus. We are fortunate to have more than 16 acres and we have created many new learning and relaxation spaces.

While we have learned more about the spread of COVID-19 over the past five months, much remains unknown. We continue to learn about the disease, its transmission, its varying symptomatology, and its unpredictable long-term effects. We have immunocompromised faculty and students. As a community of more than 1000 adolescents and adults, we are mindful of our responsibility to protect the lives and health of our families—everyone beyond, the walls of our yeshiva—to the best of our ability.

As you study the attached opening protocols, please note the care and painstaking, detailed attention we have been devoting to the long-term health of our community. This approach is the ultimate manifestation of our community of kindness. We must unite as a community, an extended family, to support each other and to care for our collective wellbeing.

We look forward to a transformed, but wonderful, year together. We look forward to returning to our learning community with resolution, resilience, commitment, and joy. We pray that we will all enjoy a healthy, happy, and successful year.

Sincerely,

Rabbi Eli Ciner, Principal

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DAY-TO-DAY OPERATIONS & FACILITIES



SCHEDULE AND ZOOM LEARNING

- School will begin with davening at 7:45am and end at 4:20pm every day, Monday through Thursday. The Friday schedule will remain the same, with dismissal at 1:17pm.
- Each grade will learn on Zoom for 1 day per week, and for 6 Fridays during the school year. This schedule will provide optimal quality of life and freedom of movement within the building, while accommodating social distancing within our hallways.
- Remote learning will take place according to the following schedule:
 - o 9th grade: Thursdays
 - o 10th grade: Wednesdays
 - o 11th grade: Mondays
 - o 12th grade: Tuesdays
 - o Grades will rotate through Fridays (schedule to be announced).
- Students will have the option to Zoom into class every day. Each classroom and outdoor space is being fitted with a microphone and camera to allow for a seamless transition to Zoom learning if and when this need arises. As a result, students not able to come to campus (but well enough to learn virtually) will not miss class.

LOCKERS

 Students will have access to their lockers at the beginning and at the end of the school day. Students will be expected to wear their masks while at their lockers and restrict their time at their lockers.

HALLWAYS

• Interaction between grades will be limited. Each grade will be designated a specific area of the building, with each hallway assigned to only one grade. Classrooms in any given hallway will be used for students from the same grade only.

CLASSROOMS

- Our goal is to have half of our students' classes in an outdoor classroom which will allow for social distancing and not require masks.
- We will be taking down walls in between classrooms to allow for social distancing within the classroom.
- Assigned seating will be required to facilitate contact tracing. Each class for each period for each scheduled day will maintain an up-to-date seating map.
- Every classroom will have hand sanitizer and wipes to disinfect each desk in between periods.
- Some classes will take place outside through the end of the fall season. In the winter, in all likelihood, those classes will take place at our adjacent property at 100 W. Century Road.

FRISCH "AL FRESCO"

- There will be an operational outdoor cafeteria, and we look forward to an enhanced campus experience with outdoor seating. Breakfast and lunch will take place outside.
- We are fortunate to have a large outdoor campus, which will allow for much outdoor learning and gathering. We are creating outdoor spaces for work and play, and there will be seating areas around the campus that allow for socially distanced relaxation and recreation.
- Masks will not be required in outdoor spaces when social distancing is maintained.
- All co-curricular activities will occur outside the building after school.
- Currently, the Yeshiva High School Athletic League is evaluating the possibility of having outdoor sports in the fall. We will update our community if a decision is made to
- 5 have outdoor athletics during the fall season. There will be



outdoor, skills-based practices for our athletics teams, regardless of whether the league operates in the fall.

• All special programming will occur in our outdoor auditorium.

SECURITY

 Because students will be spending time outside the building, we have stationed an additional two guards at the entrance to our campus. All vehicles entering the campus will need to have Frisch decal. The decal will be provided to students to bring home to their households at Orientation. In addition, a license plate reader will be placed at the entrance to our campus. We are asking all students and parents to register any vehicle coming regularly to our campus.

BATHROOMS

• We have increased our maintenance staff to ensure constant cleaning of the bathrooms. In addition, door pushers have been installed for opening doors, to ensure that one does not have to touch the doors when opening them. Socializing is not to take place in bathrooms. Everyone is expected to wash hands before returning to class.

HAND HYGIENE

- Hand sanitizer will be available in all classrooms and common areas, and should be used upon entering or leaving classrooms.
- Hand sanitizer should be used upon exiting the bus/car and entering the building each morning.
- Hands must be thoroughly washed with soap and water, or cleansed with sanitizer before and after lunch.

HVAC

• We will be upgrading our HVAC system to allow for maximal air coming in from outside. This upgraded system will improve air circulation.





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CAMPUS VISITORS

• At this time, we are not able to allow any visitors on campus. We will revisit this policy as the situation develops.

TRANSPORTATION

- There will be private busing, as well as town busing to get to Frisch.
- For private busing, there will be a vacant seat between students, with the exception of family members from the same household who may sit together.
- We are still awaiting guidelines from Teaneck, Englewood, and Monsey busing.
- Bus windows will remain open.
- Students will be required to wear masks on the bus at all times.
- Eating/drinking on the bus is not allowed.
- Carpools involving people from different families should follow these same guidelines. Windows must remain open, or the driver must set the AC/ heater set to bring in outside air. All individuals should wear masks. Non-carpool members (other than siblings of students) should not ride in the car with the carpool.

MASKING AND SOCIAL DISTANCING POLICY

- Students are to remain six feet apart at all times.
- All students and faculty are required to wear masks while they are in the building, with no exceptions. Masks must be worn properly, covering both mouth and nose. Parents are encouraged to spend time finding the most comfortable mask for their child.
- Students and faculty will be given the opportunity when requested to be fitted for N95 masks.
- Teachers will have the option of teaching from behind a clear partition.
- Masks may be removed outside when six feet distance is maintained.
- Masks with exhalation valves are not allowed.
- It is important that masks are not shared.

PREVENTATIVE HEALTH PROTOCOLS



HEALTH SCREENING

- All students, faculty and staff will be tested for COVID-19 prior to the start of school. Each individual will be sent a schedule for when to come to Frisch for their drive-thru test.
- All families need to have a thermometer at home. Each morning, prior to entering the building, a health screening questionnaire (including temperature reading) will need to be submitted for every student, faculty and staff member.
- All students must have up-to-date health forms, including emergency contacts and contact information for their pediatrician. (It is important to include health insurance information as well).
- There will separate areas for the nurse's office—one for sick students, and one for healthy students (for trauma/daily medication administration). Nebulized medications will not be administered at school. If your child has asthma, please send an inhaler and spacer instead.
- All families of students and faculty coming to Frisch are expected to follow state and local mandates regarding social distancing and face coverings outside of school.

IMMUNIZATION POLICY

 In addition to our standard, prior immunization policy, all students are required to get the flu shot prior to November 1, 2020, unless documented as medically contra-indicated.

MANDATORY QUARANTINE AFTER TRAVEL

- Frisch will adhere strictly to government guidelines; no one may come to the school campus until at least 14 days have passed since travel from "hot spots." The list of COVID-19 hot spots can be found on the State of New Jersey's website, accessible via this link: https:// tinyurl.com/covidhotspots
- Negative COVID test results are not a substitute for the 14 day quarantine after returning from a "hot spot"; one cannot "test out" of the quarantine.
- Quarantine at home is required after returning from a hot spot; it is not sufficient to quarantine while in the "hot spot" itself. If a member of the household has returned from a hot spot, s/he must be appropriately isolating from the rest of the family in order for the student/faculty member to come to campus.
- Our medical advisory committee recommends 14 day quarantine after ANY air travel as airports are very high risk for COVID exposure.
- Please do not host or mingle with family/ friends visiting from "hot spots" in the 14 days before starting school.



POLICIES REGARDING COVID-19 SYMPTOMIS & EXPOSURE



WHEN TO STAY HOME

- If you or someone in your household has been in close contact with anyone with suspected or confirmed COVID.
- If you or someone in your household has experienced—or taken any medication to reduce—any of the following symptoms in the past 72 hours, unless cleared by a health professional. The following symptoms require physician clearance in order to return to the school campus. In addition, these symptoms need to be reported to the school nurse, Ms. Leah Shteingart. (leah.shteingart@frisch.org) whether they occur at school or at home:
 - o New cough or change in chronic cough (children with chronic cough require documentation from their physician.)
 - o Shortness of breath or difficulty breathing (not exercise or mask induced)
 - o A fever of 100.0 or higher. Families must check the temperature of any member who feels unwell.
 - o Sore throat
 - o Chills
 - o Loss of taste or smell
 - o Muscle or body aches without obvious explanation

- o Nausea, vomiting or diarrhea (2 or more episodes of loose stools in a 24 hour period)
- o Severe or persistent abdominal pain
- o Persistent chest pain
- o Persistent body aches without known trauma/injury
- o Congestion/URI (runny nose), not related to seasonal allergies (chronic rhinitis requires a physician's note to return to campus.)
- o Unusual fatigue
- o Headache (children with chronic headaches require documentation from their physician.)
- If the prevalence of COVID in the community increases, these symptoms may necessitate COVID testing prior to the student/faculty/staff member returning to school. Our medical advisory committee is working with local hospitals, urgent care, and doctors' offices to ensure expedited COVID testing for symptomatic students and staff. Information will be shared as it becomes available.

PROTOCOLS IF SOMEONE DEVELOPS SYMPTOMS AT SCHOOL

- Students or staff with the listed symptoms, with or without fever, will have to leave the school campus. Close household contacts (e.g., siblings, children, or other people living in the same household) will necessitate students/staff to go home as well whether they are symptomatic or asymptomatic. The child CANNOT be allowed back on the bus or carpool. The parent or designee should wait outside and call on arrival. After the sick person leaves, the areas exposed to the individual will be cleaned and disinfected.
- For teachers/classmates of student/staff with symptoms, but have not yet received COVID test results, close school contacts will likely be able to stay in school that day and ride the bus/carpool home, provided they are asymptomatic. Particular vigilance should be paid to proper masking, social distancing, and hand hygiene. Guidance will be given that evening on whether quarantine is necessary, and if so when the students/staff may return to school.
- If multiple members of a class/grade have COVID-like symptoms, the entire class/ grade may be quarantined, pending test results. They will be sent home even prior to getting the test results of the symptomatic individuals. A school-wide shut down may become necessary if there are a large number of cases in Frisch or another school, local hospitals see a surge in cases, or if there is exponential growth of COVID cases in the community.

PROTOCOLS FOR RETURNING TO SCHOOL AFTER SYMPTOMS

- In the case of a positive COVID test:
 - o If symptomatic: The student must remain home 10 days after symptom onset AND be asymptomatic for a FULL 24 hour period. If the person had symptoms the morning or afternoon prior, s/he may not return to school campus that day. For example, if the last symptoms were Monday morning or afternoon, the earliest return to school campus would be Wednesday morning.

- o If asymptomatic: 10 days after specimen collection (e.g., after the date of the positive test), assuming no symptoms develop.
- After having negative COVID test, or if the COVID test results have not been sent or returned:
 - o If COVID is still suspected by a healthcare professional due to symptoms, with no clear alternative diagnosis, the student/faculty member may return once symptom-free for 24 full hours AND at least 10 days have passed since symptoms first showed up.
 - o If COVID is not strongly suspected, clearance should be obtained from a healthcare professional who has ruled out COVID. If there is no alternative diagnosis, one may return after being symptom/fever free for 72 hours. If there is a definite alternative diagnosis (e.g., strep, flu), one may return after being symptom/fever free for 24 hours.

• In general, no one will be allowed to return to school with ongoing symptoms.

PROTOCOLS FOLLOWING KNOWN OR SUSPECTED COVID EXPOSURE

Household members (siblings, parents, child, childcare provider, etc.) of COVID positive patients:

o It is recommended to get tested between 3-4 days after the index case (e.g., the initial patient) developed symptoms (or 3-4 days after they tested positive, if asymptomatic). If test results are positive, follow above guidelines with regard to returning to school. If the test is negative and the patient is asymptomatic, the student may return 24 days after the initial patient's positive test (e.g., 2 weeks after the initial patient would be cleared). However, if the initial patient has been isolated from other members of the household, then the household contact may return to school after 14 days if negative and asymptomatic.

• In cases where a household member (siblings, parents, child, childcare provider, etc.) is highly suspected of COVID according to the assessment of a healthcare





professional, but with a negative test or results not yet complete, guidelines for returning to school are the same as if the patient was COVID positive (e.g., 14-24 days as above).

- In cases where a household member (siblings, parents, child, childcare provider, etc.) has symptoms deemed unlikely to be COVID, one may return to school only after the symptomatic household member is deemed low risk for COVID by a healthcare professional.
- For classmates of COVID positive student/staff: (**Please note: This is the working policy for the start of school, to be continually readdressed.**)
 - o Students who have spent time in the same classroom/space as the positive student/staff member will be considered close contacts and will be treated as household members of COVID positive patients (above). First degree neighbors in classes are at highest risk. Note: It is possible, but not guaranteed, that if the COVID positive person and all other individuals were wearing masks and social distancing, that a quarantine for the entire class may not be needed. This will require review by local departments of health.

CONTACT TRACING

 Ms. Leah Shteingart, the school nurse (leah.shteingart@frisch.org), will coordinate the Frisch contact tracing process. Parents and faculty/staff will be required to sign privacy waivers allowing contact tracing and sharing of COVIDrelated information, amongst all schools only. This waiver will be sent out prior to the beginning of school.

WISHING EVERYONE A HEALTHY, HAPPY, SUCCESSFUL UPCOMING YEAR!