

FRISCH ATHLETICS

[Parent must fill out https://tinyurl.com/cougarsports](https://tinyurl.com/cougarsports)

*****ALL SPORTS WILL BE PLAYED OUTSIDE WEATHER PERMITTING*****

<u>DATE</u>	<u>CLUBS</u>	<u>TIME</u>
Thu, Sep 3	Girls Ice Hockey	4:30 p.m. - 5:00 p.m.
Sun, Sep 13	Boys Lacrosse	8:30 a.m. - 10:00 a.m.
Mon, Sep 14	Boys and Girls Fencing	5:00 p.m. - 6:00 p.m.
Mon, Sep 14	Cross Country/ Track	5:00 p.m. - 7:00 p.m.
	<u>FALL TEAMS</u>	
Wed, Sep 2	Gilrs Outdoor Soccer	5:00 p.m. - 7:00 p.m.
Thu, Sep 3	Boys Ice Hockey	5:00 p.m. - 5:30 p.m.
Thu, Sep 3	Boys Outdoor Soccer	5:00 p.m. - 7:00 p.m.
Tue, Sep 8	Baseball*	5:00 p.m. - 8:00 p.m.
Sun, Sep 13	Girls Softball	10:00 a.m.-12:00 p.m.
Sun, Sep 13	Boys Varsity Softball	12:00 p.m.- 2:00 p.m.
Sun, Sep 13	Boys JV Softball	2:00 p.m.- 4:00 p.m.
Sun, Sep 13	Girls Tennis	TBA
Sun, Sep 13	Boys Tennis	TBA
	<u>PRATICE/SPRING TEAMS</u>	
Wed, Sep 2	Boys JV Basketball	5:00 p.m. - 7:00 p.m.
Wed, Sep 2	Boys Varsity Basketball	5:00 p.m. - 7:00 p.m.
Tue, Sep 8	Girls JV & Varsity Basketball	5:00 p.m. - 7:00 p.m.
Tue, Sep 8	Girls JV Volleyball	5:00 p.m. - 7:00 p.m.
Wed, Sep 9	Girls Varsity Volleyball	5:00 p.m. - 7:00 p.m.
Thu, Sep 10	Boys Varsity Floor Hockey	5:00 p.m. - 7:00 p.m.
Sun, Sep 13	Boys Volleyball	10:00 a.m.-12:00 p.m.
Mon, Sep 14	Boys JV Floor Hockey	5:00 p.m. - 7:00 p.m.
Mon, Sep 14	Boys Wrestling	5:00 p.m. - 7:00 p.m.
TBA	Indoor Soccer, Girls Floor Hockey, Swim	TBA

*******PLEASE NOTE*******

Players may only participate in one TEAM sport per season.

Players who were on the team last year are required to try out again.

JV teams are open to 9th and 10th graders. Varsity is open to 11th and 12th graders.

Teams with no JV team are open to all students.

*Baseball Tryouts at Gennarellii Complex Paramus