



THE FRISCH SCHOOL

Yeshivat Frisch • Esther Swieca Family Campus

PARENT-STUDENT HANDBOOK

2026 - 2027

5786 - 5787

The Henry & Esther Swieca Family Campus

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THE FRISCH SCHOOL

A MESSAGE FROM THE PRINCIPAL

Dear Students:

It is a pleasure to welcome you back to another year at Yeshivat Frisch. We hope that you will have a pleasant, productive, successful year and that you will use all of the human resources available to you at Frisch — teachers, administrators, counselors, and fellow students — and all of our wonderful facilities to help you as you strive for intellectual, academic, religious and social growth.

Every community has its own set of norms, rules and regulations which allow its members to know what is expected of them and what they may expect from those around them. In order for our community of nearly eleven hundred teenagers and adults at Yeshivat Frisch to achieve its ambitious goals for each of its individual members, all of us must work together to create an atmosphere of mutual respect in an environment which is conducive to authentic kindness, serious study and personal growth.

Rules are not an end in themselves. They are what allows a community to thrive. They tell our students plainly what is expected of them, and in doing so make it possible to meet those expectations and to succeed. This handbook sets out those expectations: so that we can offer the finest education we are capable of giving, so that our students can encounter the splendor of Talmud Torah and Shmirat Mitzvot, and so that hundreds of young men and women can find themselves in a community where they are safe, cared for, and known as individuals.

What a wonderful community Yeshivat Frisch is when we all work together.

Sincerely,

Rabbi Eli Ciner

Principal

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ACADEMICS

AT A GLANCE

40 / 40 / 20

FALL / SPRING / FINAL WEIGHT

3

MAX MAKE-UP EXAMS PER YEAR

10 pts

DEDUCTED FOR CUTTING AN EXAM

CURRICULAR REQUIREMENTS FOR GRADUATION AND DIPLOMA

“Torah study and the pursuit of General Studies are, for us, two expressions of the same striving — to deepen our connection to God, to Am Yisrael, and to understand the world around us.”

It is this conviction that shapes Frisch's academic program, built to give every student strong foundational skills and the enduring love of learning that will carry them as life-long learners.

Students are required to complete both the prescribed College Preparatory requirements and the Torah Studies requirements to graduate from The Frisch School.

GENERAL STUDIES COURSES

English Literature & Composition	4 years
Mathematics	4 years
History	4 years
Science	4 years
Hebrew Language & Literature	4 years
9th & 10th Grade Elective	2 years
11th Grade Elective	1 year
12th Grade Elective	1 year

Physical Education & Health

4 years

TORAH STUDIES COURSES

Talmud	4 years
Humash	4 years
Navi	2 years
Nach/Hashkafa/Halacha Elective	2 years

GRADING SYSTEM

Students receive interim grades for the first half of the Fall and Spring Semesters (in November and February). Each of the two Semester grades in January and June counts for 40% of the annual grade and the final examination counts for 20%.

Only the annual grade is recorded on the student's high school transcript. Other than a few electives which are graded on a Pass/Fail basis, all grades are numerical, and the passing grade is 65.

ACADEMIC REGULATIONS

- 1 Requests for withdrawal from or transfer to another course must be submitted for consideration by the end of the first quarter. It is understood that requests for placement change are considered based on what is in the educational best interest of the student and upon class size.
- 2 Some major assignments such as, but not only, research papers and projects are so important for a student's academic development that a student who does not satisfactorily complete that assignment cannot receive credit for the course. Even if a student's other grades in the class would otherwise earn him/her a passing grade, he/she will receive a failing grade unless discussed with the teacher and administration.
- 3 Students who receive a failing annual grade in a required course for which summer school courses are available are required to take and pass the summer school course.
- 4 Students who fail courses for which summer school courses are not available are required to be tutored and to complete a major assignment before the end of the summer.
- 5 Students who fail courses which are not required and which will not keep them from earning the credits needed for graduation may choose not to make up the course and to leave the failing grade on their transcripts.

- 6 Failing three or more courses is grounds for expulsion.
- 7 Participation in extracurricular activities, including athletics, by students who earn a GPA of less than 75 will be limited as appropriate by the guidance department and administration.
- 8 Valedictorians and salutatorians will be selected from students who take the most rigorous course load over their four years.
- 9 Senior transcripts will only be released to colleges after June 25.

EXAMINATIONS, HOMEWORK AND TESTS

EXAMINATIONS

The faculty is aware of the time pressures on students who are working their way through a demanding dual curriculum program. We, therefore, are committed to giving assignments only as they contribute meaningfully to the students' academic/intellectual growth and doing our best to make the burden of exams and quizzes manageable.

Examinations are designed to:

- Aid the student in the learning process.
- Measure the student's growth in a specific area.
- Determine the student's ability to abstract from the specific to the general, to integrate concepts, and to think critically.

TESTING

Students should not have more than one test per day in Torah Studies and one test per day in General Studies, i.e., two (2) tests per day. In addition, students should not have more than two (2) tests of any kind per week. Occasionally, however, a third test is unavoidable because of student placements. Teachers will announce tests at least a week in advance and enter the test dates into the student learner management system (Canvas). Only language or vocabulary quizzes or unannounced quizzes covering the previous two days of classwork and homework are not subject to this schedule. There may be exceptions for weekly quizzes in consultation with the department chairs and administration.

One may not skip a test while being in the school building. If one must miss a test and plans on attending school, the student must either arrive after or leave before the exam is administered. If a student is in school, he/she must take the exam. If one is in school and does not take the test, ten points will be deducted from the exam grade.

MAKE-UP EXAMS

Students are expected to take all scheduled examinations. Students who cut an exam will lose 10 points on that examination.

Students with an excused absence on the day of a scheduled examination will be given a make-up exam.

- All makeup exams must be taken at the prescribed make-up exam times and in the designated location.

- ***Students must sign up 24 hours in advance for their make-up exam.***
- If a student is absent on the day of the exam they may not take a make-up exam after school on that very same day. That is, they will need to wait until the first make-up date after the day of the original examination.
- Students must arrive on time to make-up exams. Students will not be allowed to stay after the conclusion of the make-up slot even if they arrive late for the exam.
- Students must take a make-up exam within two makeup dates of the scheduled exam. If they do not do so, students will receive a 10-point deduction on the exam. For each week the exam is not made-up, students will continue to receive a 10-point deduction.
- Unless there are extenuating circumstances, students are permitted to take no more than three make-up exams for the year.
- Additionally, students may not take more than one make-up exam per subject.

Students will be provided with a fixed time for make-up exams. A student who is absent on the day of a scheduled exam and who is eligible for a make-up should be prepared for the exam on the first Sunday morning or Wednesday evening after his or her return to school. Make-up exams are **Sundays at 9 am** and **Wednesdays after school** (and occasionally on other days of the week). A complete calendar can be found on the school website. Please note that no more than one (1) make-up exam will be administered on any given Sunday or Wednesday. (Needless to say, special provisions are made for students returning from an extended illness.)

If a student misses a test due to a school-sponsored event, there will be an additional time slot to make up the exam during school hours. Students can choose from either this in-school make-up time or the two out-of-school make-up times at their discretion. Arrangements should be made with Rabbi Zauderer prior to students' leaving for their school activity.

SENIOR FINAL POLICY

Seniors may be exempt from taking the final exam if they fulfill all the following requirements:

- Maintain an average of at least 85 for both the fall semester and the third quarter.
- Are regularly prepared for class (as evaluated by the teacher).
- Attend at least 90% of class sessions through the entire school year and have no more than a week of excused absences each semester.

HOMEWORK

Homework may be assigned in all subjects over the weekend.

No written homework will be assigned over a Yom Tov or vacation week and no test will be scheduled for the first school day after a Yom Tov or vacation week.

So that students may enjoy holidays and/or vacations, no major written assignment will be assigned the week before Yom Tov or vacation to be due immediately upon returning to school.

ACADEMIC INTEGRITY

The Frisch School takes academic integrity very seriously both as an ethical and as an academic issue. Breaches of academic integrity will be dealt with as follows:

The first offense results in a grade of 0 for that exam, quiz or assignment. This grade is averaged into the semester grade. The offense will be recorded in the student's permanent file and will be removed only if there is no additional episode of academic dishonesty.

The second offense will lead to failure for the semester, that is, for 40 percent of the student's annual grade.

A third offense is grounds for expulsion from The Frisch School.

All electronic communication devices (including smartwatches) must be left in lockers or on the teacher's desk during all exams. Having these devices during exams will be treated as a breach of academic integrity, and dealt with accordingly.

Plagiarism is a serious violation of academic integrity. It consists of the intentional or unintentional representation of the words or ideas of others as one's own. A student who copies or paraphrases without attribution from any written, published or internet source or from another student's work on any assignment is as much in violation of academic integrity as one who cheats on an examination.

When sharing electronic files, the edit history must be viewable to the teacher. (For example, in Google Docs, this would entail sharing documents by adding the teacher as an “editor” rather than just a “viewer.”)

A student who enables cheating or plagiarism (this includes, but not limited to, providing answers for others during an exam) will be dealt with accordingly.

In addition, one who enables an environment of cheating by selling examinations, papers or assignments undermines the culture of integrity we strive to implement in our school and will face expulsion.

USE OF AI TOOLS IN LEARNING

One of the central goals of your years at Frisch is to develop your own voice. Artificial intelligence can either support that goal or undermine it. In some assignments, AI can sharpen your thinking, deepen your understanding, and extend what you are able to do. In others, it can quietly do the very work that you need to do yourself in order to grow. Your teachers will guide you, subject by subject and assignment by assignment, as to when AI can enhance your learning and when it needs to remain outside of your work.

AI use without teacher consent, or without proper disclosure, will be considered academic misconduct.

Students should never enter personal, private, or identifying information about themselves or others into an AI tool.

“One of the central goals of your years at Frisch is to develop your own voice.”



POLICIES & PROCEDURES

DRESS CODE

Our dress code is based both upon Halakhic norms and upon the desire to create an environment which is conducive to learning. In general, students should come to school neither underdressed (in clothing which is too casual) nor overdressed (in clothing, jewelry or make up which is designed to attract undue attention). Boys and girls should dress in comfortable, modest clothing. The following dress regulations, which are in effect for the entire student body whenever students are in the building, reflect issues of Halakhah and modesty as well as the desire to create an appropriate learning environment.

BOYS

Boys are required to wear tzitzit and a kippah at all times. Hats or other head coverings are not acceptable.

Boys must wear a shirt with a collar. Hooded sweatshirts may not be worn without a collared shirt **visible** underneath.

Shoes or sneakers are to be worn with socks at all times. Flip flops, slides, crocs or slippers of any kind are not permitted.

Pants must be neat and presentable. Jeans and tight pants as well as track pants and sweatpants are not allowed. In order to distinguish between track pants and permissible pants please adhere to the following guidelines.

- Pants should have belt loops.
- Pants may not have logos that are a different color than the pant even by the ankles.
- Pants may not have zippers on the ankles.

Hair must be neat and in consonance with Halakhah. Hair should not grow past the shirt collar. Sideburns must cover the cheekbone, and faded haircuts are not permitted. Bangs must not come below the eyebrows.

GIRLS

Girls are required to wear a dress or skirt that touches the knee while they are standing. Slits in skirts cannot be open above the knee. Divided skirts, cutoffs, and slacks are not permitted. Sheer material and tight, form fitting clothing are also not permitted.

Lightweight tee shirts and see-through or low-cut tops may not be worn. Tops must be approaching the collarbone; short sleeves are permitted; cap sleeves are not. Shirts and blouses must be long enough to cover the top of the skirt at all times. Midriffs, front or back, may not be exposed at any time.

Hats are not permitted.

Excessive jewelry, such as a large number of earrings, is not permitted.

Girls may not wear pajamas or sweatpants under their skirts.

Flip flops of any kind are not permitted.

BOYS & GIRLS

It is understood that not all contingencies of fashion can be covered in a list such as this. These are presented as guidelines. Students will be held accountable for the spirit as well as the letter of these requirements.

If a student is found to be in violation of the dress code at school, parents and students will be notified via email.

- For all students, the first violation results in an email notification reminding students of our shared expectations.
- The second violation requires a Sunday morning detention
- The third violation requires a parent meeting with an administrator.
- If, after an administrative meeting, a student is still not complying with dress code, a fourth violation will result in suspension.

This dress code applies whenever students are on The Frisch School campus including but not limited to being a spectator at after school games or events (unless they are engaged in athletic activities).

DRESS CODE FOR PHYSICAL EDUCATION

Students are required to wear sturdy athletic sneakers with laces and socks.

Any student not properly attired will receive an absence from class for that day.

CONDUCT IN SCHOOL

Students are expected to conduct themselves in a manner which reflects the Derekh Eretz and Kedushah — respectful behavior and holiness — which are the hallmarks of our community and of our Yeshiva. One of the foremost values of our Yeshiva is that we are a community of kindness. As such, we strive to create an environment where all students feel included, valued and supported. Similarly, students are expected to conduct themselves at all times in a manner appropriate for yeshiva students, consistent with the aforementioned values. The policies and rules listed below are intended to create a dignified and comfortable environment for all of us who spend our days at The Frisch School.

“One of the foremost values of our Yeshiva is that we are a community of kindness.”

Violations of these rules will be dealt with on a case-by-case basis, and will include, where appropriate, consultation with a student's mentor or guidance counselor, and consequences may extend, in aggravating circumstances, to expulsion from Frisch.

- 1** We are committed to treating all of our students with compassion and respect; therefore, the use of inappropriate language and behavior which demonstrates a lack of respect of others — adults or peers, of the property of others, or of the learning process — will not be tolerated.
- 2** Any form of bullying or hazing, including cyberbullying, will not be tolerated. This behavior will be dealt with by an outside consultant and is ground for expulsion. All members of the Frisch community should be able to expect an environment of safety and respect at school.
- 3** “Cyber-Bullying” is the use of electronic information and communication devices to include but not be limited to e-mail messages, instant messaging, text messaging, cellular telephone communications, internet blogs, internet chat rooms, internet postings, and defamatory websites that:
 - Deliberately threatens, embarrasses, harasses, intimidates an individual or group of individuals; or
 - Places an individual in reasonable fear of harm to the individual or damage to the individual's property; or
 - Has the effect of substantially disrupting the orderly operation of the school.
- 4** Any recording/photographing/videoing of another student, faculty or staff member to compromise his/her dignity or privacy, without his/her consent will be treated as bullying or hazing.
- 5** Students may not request or send any compromising or explicit digital images to other members of the Frisch community. Failure to comply with this policy will be subject to the sexual harassment policy.

- 6** A student who receives a compromising or explicit image of another member of the Frisch community must delete it immediately upon receipt. A student who forwards or shares that image with others — even without opening it — will face expulsion.
- 7** Sexual harassment is both ethically reprehensible and against the law. It is defined as conduct or communication of a sexual nature which has the effect of substantially interfering with an individual's self-esteem or sense of personal safety. This includes unwelcomed sexual advances, requests for sexual favors, or other favors, or other verbal, nonverbal, or physical conduct of a sexual nature. Complaints of sexual harassment should be made to the student's guidance counselor or the school's Title IX officer, Dr. Karen Lopata. Complaints will be promptly investigated. This behavior will be dealt with by an outside consultant and is ground for expulsion.
- 8** Yeshivat Frisch does not discriminate on the basis of gender in the education programs or activities which it operates as required by Title IX. In accordance with Title IX, the school maintains a Title IX Grievance Policy. All inquiries should be directed to the Title IX officer, Dr. Karen Lopata at karen.lopatat@frisch.org
- 9** With full and unwavering commitment to all Halakhic precepts, and in consultation with leading rabbanim, we commit to the following regarding gay students: We commit that our Yeshiva will be a place where gay students are treated with the respect and caring that all students deserve. They will be welcomed to participate in the full range of educational, co-curricular, and religious opportunities offered by our school.
- 10** Students are expected to respect the property of others and the property of the school. No posters or notices are to be posted anywhere in the building without the permission of appropriate school officials. Vandalism or defacing of school property will be dealt with as a very serious disciplinary issue. Theft or the mishandling of others' property will not be tolerated.
- 11** Students are expected to clean up after themselves in the cafeteria.
- 12** Students who misuse technology (both school owned or their own or other's personal devices) will lose their network and technology privileges for the rest of the academic year.
- 13** As members of the Frisch community, students are expected to represent the values of the Yeshiva both in and out of the school; this extends to a student's online presence as well. Student's social media presence should be appropriate and in line with the Yeshiva's values. Students found to post behavior or activities that run contrary to these values may face severe disciplinary measures including suspension or dismissal from the school.
- 14** Physical contact of an intimate nature is prohibited in school and at school events. Additionally, consistent with Halakhah and the concept of shemirat negiah, there should be no touching between the genders in school or at school events. Similarly, the way we talk about relationships should reflect the letter and spirit of Halakhah. Therefore, discussions about sexuality or speech of a sexual nature, outside of an appropriate academic or guidance context, is not befitting the atmosphere of a yeshiva and may not take place in The Frisch School.
- 15** Students may not enter any non-kosher eating establishment for any reason from the time they are dropped off in school in the morning through the end of their last extracurricular activity in the evening. Similarly, even when participating on school trips students may not enter these establishments.

16 Students who drive to school are expected to drive slowly and carefully and to follow the directions of signs and of school personnel. Students must park only on the lower level.

17 Vehicles driven to school are not to be used as gathering spots during school hours. After they park, students are not allowed to loiter in any cars.

18 Students may not leave campus once they arrive unless they are leaving for the day or a doctor appointment.

A STUDENT WHO DRIVES HIS/HER CAR DURING SCHOOL HOURS OR LEAVES SCHOOL WITHOUT PERMISSION WILL BE SUSPENDED.

19 Students in need of medical attention should go directly to the office or to the nurse. Under no condition will a student be excused for illness unless he or she contacts the nurse.

20 Apple watches and smart watches are not permitted to be worn in school.

21 No weapons are permitted in the school building or at any school events.

22 Games of chance, including cards, and sports pools, etc. are inappropriate. No gambling is permitted at Frisch or at Frisch events.

23 No business transactions between students or monetary exchanges between students should take place on school premises.

24 Students are not permitted to bring visitors to spend any part of the school day on campus.

25 Any behavioral infraction that leads to suspension is grounds for removing a student from any sport or club in which he/she participates.

26 A student who is suspended 3 times throughout their high school career will be asked to leave Yeshivat Frisch.

27 As per New Jersey Minimum Immunization Requirements for Kindergarten-Grade 12 Attendance N.J.A.C. 8:57-4 Immunization of Pupils in School, students are required to be fully immunized. No student will be permitted to attend classes unless all required immunizations are received.

SUBSTANCE ABUSE

The goal of The Frisch School is to create a completely drug-free community for our students. We hope that with your continued support and parenting, our continued education and programming, and the effective implementation of school policies we can approach this goal.

Random Drug Testing: At irregular intervals throughout the year students will be chosen for a drug test which will tell us if the student has used drugs for the past many months. Students will then be asked if the test will show as positive. Students who admit to drug use, of course, will not be tested; anyone — we hope the vast majority — who tells us he/she is “clean” will be tested. Students who are to be tested will be sent to the nurse's office where either the (female) nurse or (male) EMT will collect a urine sample as prescribed by the test and send it off to a lab which will notify us whether (and what kinds of) drugs are present in the sample.

NO STUDENT WILL BE EXEMPTED FROM THE POSSIBILITY OF RANDOM TESTING; STUDENTS WHO REFUSE TO BE TESTED WILL NOT BE PERMITTED TO REMAIN IN SCHOOL.

The Frisch School's reaction to students who admit to drug use or who test positive for drug use will follow our longstanding (primarily therapeutic) policy:

1. Parents will be notified immediately.
2. Each student and his/her parents will be required to sign a contract with the school which requires that the student and parents understand and agree:
 - a) that the student must be evaluated within thirty days by a drug counselor recommended or approved by the school and that the counselor must be authorized to share with the school his/her evaluation and recommendation and whether that recommendation is being followed;
 - b) that the student must follow and participate in any course of treatment or therapy deemed necessary by the evaluation;
 - c) that the student commits him/herself to refraining from the use of illegal drugs or alcohol — other than drinking in his/her parents' presence and with their permission — throughout his/her tenure as a student at the Frisch School, and also commits him/herself to refrain from associating with or being in the same place as other young men or women who are drinking or using drugs;
 - d) that this commitment is always in force, including evenings, weekends, vacation periods, and the summer;
 - e) that the parents grant permission to the administration of The Frisch School to have their child drug-tested whenever and wherever it deems appropriate at the parents' expense;
 - f) if a student is known to engage with illicit substances a second time or if a student fails a second test, the student will be suspended for a full academic quarter. The student will be responsible, at parents' expense, to continue his/her work through Fusion or an online course approved by the school.
 - g) after a third infraction the student will be expelled from Frisch.

Unfortunately, alcohol use among teenagers is becoming increasingly prevalent. The school will deal with students found to be using alcohol as it deals with other substance abuse, including having students and parents sign a contract as detailed above.

Certain behaviors involving substance abuse that endanger other members of the Frisch community will be dealt with as a very serious disciplinary issue and will face immediate expulsion:

1. He/she hosts a party at which drugs or alcohol are present. Even if illegal substances are brought by others without the host's knowledge or consent, nonetheless, the host will be held responsible.
2. He/she is found to provide drugs or alcohol to another Frisch student.
3. He/she possesses or uses drugs, alcohol, nicotine products (including, but not limited to, cigarettes, vaping pens, e-cigs, etc.) on The Frisch School campus. Likewise, it is forbidden to bring these items on school trips which are treated as an extension of the school campus.

STUDENT CELL PHONE POLICY

At Frisch, we are committed to creating a school environment that nurtures spiritual growth, academic focus, and healthy interpersonal relationships. The cell phone policy is designed to minimize distraction and foster mindfulness, religious and academic growth, and student well-being.

“We are committed to creating a school environment that nurtures spiritual growth, academic focus, and healthy interpersonal relationships.”

PHONE COLLECTION PROCEDURE

All students are required to deposit their phones upon entering their assigned minyan. Each minyan will have a designated spot with multiple phone boxes. Each student has been assigned a box and number. The student should make sure to carefully place his/her phone into the correct box and slot before scanning into Tefillah.

This must be done before tefillah begins, as phones are not permitted in the Beit Midrash or Tefillah spaces under any circumstances.

Phones will be securely stored in the main office until the end of the day.

LATE ARRIVALS / EARLY DEPARTURES

Students arriving after the conclusion of tefillah must hand in their phone while signing into school in the main office.

Students leaving school early for personal reasons must sign out in the main office and will have their phone returned to them at that time.

END-OF-DAY PICK-UP

Phones will be returned to students at dismissal only. The phone boxes will be brought to four different locations and students can retrieve them while leaving.

- Freshman phones will be located outside the den.
- Sophomore phones will be located by the high tables outside the Main Beit Medrash.
- Junior phones will be located outside the main shul.
- Senior phones will be located in the hallway outside the nurse office.

Students are expected to retrieve only their own device.

CONSEQUENCES FOR POLICY VIOLATIONS

BRINGING A PHONE TO SCHOOL

Students are required to bring their phone to school each day. A student who claims to have left his/her phone at home will be treated as though he/she forgot to submit a phone.

If a student does not have a phone to bring to school; whether because it is broken, has been taken away at home for disciplinary reasons, or the student does not own one; parents must communicate this to Rabbi Zauderer at Michael.Zauderer@frisch.org in writing. A student in this situation will not face disciplinary consequences under this policy, provided the school has been properly notified. Once the student has a phone again, parents must inform the school of this as well, so that the phone collection procedure resumes as normal.

FORGETTING TO SUBMIT A PHONE

A student who forgets to hand in his/her phone during the collection process will be called to the office to submit it.

- **After the first offense** the student will receive 2 consecutive detentions on a Sunday morning.
- **After the second offense** the student will receive a suspension.

SUBMITTING A DECOY PHONE

A student who submits a decoy (“burner”) phone in place of his/her actual device will have the phone confiscated and will receive a three day out-of-school suspension.

USING OR KEEPING A PHONE DURING THE SCHOOL DAY

If a student is found using a phone or found to have kept a phone during the school day, the phone will be confiscated, and the student will receive a three-day suspension.



ATTENDANCE

AT A GLANCE

10%

MAX ABSENCES PER CLASS

15

TEFILAH LATENESSES / SEMESTER

4

GYM ABSENCES ALLOWED / SEMESTER

THE RESIDENCY REQUIREMENT

So that students will gain the utmost from their learning experience, Frisch requires that each student be in school and in his/her classes every school day unless there is a compelling reason for him/her to be absent. Students are permitted a limited number of absences per year.

A student has exceeded the residency requirement once he/she misses more than 10 percent of classes in any given subject.

- (For example: Math, History, Science and English classes meet 5 times a week. A student may miss no more than 4 classes per quarter.)
- This 10 percent limit includes sick days, doctors' or other appointments, and family obligations.
- No special provisions are made for students who take extended vacations. However, special provisions will be made in case of extended illness.
- Seniors are allotted one week's worth of additional absences for college and Israel school visits. Seniors who plan to visit schools or programs in Israel while school is in session are required to inform the office of this in advance and, upon returning, submit a note.

FAILURE TO MEET THE RESIDENCY REQUIREMENT

If a student does exceed the 10 percent absence allowance in each class, 3 points will be deducted from the student's final grade in that discipline.

For each subsequent 3 absences an additional 3 points will be deducted from that class. (For example, the 18th absence in Math will result in a 3 point deduction. At the 21st absence an additional 3 points will be deducted).

Failure to meet the residency requirement in four classes will result in expulsion from Frisch.

CLASS CUTS

Students are never permitted to “skip” classes during the course of the school day without permission. In the event of an unexcused absence a student will receive an email that day listing which periods were missed. This information is also available on the student portal.

If a student is late to class by more than five minutes, it will be counted as a cut with the accompanying consequences. Excessive lateness will be treated as a disciplinary issue.

Additionally, a student who leaves class for more than 10 minutes will receive a cut.

Programs and assemblies contribute towards the overall culture of the school. As such, students are expected to attend these events and, barring extenuating circumstances, will not be allowed to sign out during these programs. Skipping programs will result in a detention and the missed period(s) will count towards a student's residency.

RECONCILING ABSENCES

Students have 24 hours to reconcile the absence with either the teacher who mistakenly marked the student absent or with the faculty member who excused the student from the period in question. Students should email the teacher and copy attendance@frisch.org with a request to reconcile the mistaken absence. If the absence is not reconciled within that time, it will be considered a cut class. This cut will result in the student receiving a one (1) point deduction from their semester grade in that course.

It is the student's responsibility to reconcile his or her residency record. We are aware that inevitably, mistakes will be made and, for example, emails will be missed or mistakenly received. Nonetheless, it is expected that the students communicate regularly with the office and/or necessary personnel to ensure that their attendance record is in good standing. Without regular and open communication, we will be unable to reconcile mistakes in attendance at much later dates.

EXCUSED ABSENCES

Appointments scheduled at the initiative of the administration or the guidance counselors (personal, college, and Israel guidance) and participation, with approval, in school sponsored extra-curricular activities are not considered official residency absences.

PHYSICAL EDUCATION ATTENDANCE

Students who are unable to participate in a specific activity must submit a doctor's note. Any chronic conditions must be documented and submitted to the guidance counselors. Students are allowed 4 absences per semester in gym. If a student is absent for an entire day, any gym absence on that day will not count towards the 4 allowed gym absences. Students who miss more than 4 gym periods will have points deducted from their final grade which may result in failure of gym.

ABSENCES & LATENESS TO SCHOOL

Parents are requested to e-mail absent@frisch.org before 9:00 a.m. to inform us of their son/daughter's absence.

Students who arrive after the attendance process at the school's Shacharit Minyanim have ended must personally sign in at the academic office.

A student is marked absent from all of that day's classes until he/she signs in at the office. A note or parent phone call will not be sufficient.

EARLY DISMISSAL REQUESTS

Students who need to sign out of school early must have parental permission. In order to sign out a student, parents should email absent@frisch.org or they can fill out the sign-in/sign-out tab on the parent portal. In addition to signing out on the portal, the student must then personally come into the Academic Office where they will be given a pass to present to Security upon exiting the campus. Because it is important for the school to always know who is in the building, leaving school without signing out at the office will be considered a serious disciplinary matter and grounds for suspension.

Students who sign out of school early will not be permitted to return to school that day unless they have a doctor's note.

TEFILAH ATTENDANCE

The goal of The Frisch School is to prepare its students for life-long involvement in the three foundational elements of our religious system: Torah, Avodah, and Gemilat Chessed. That is, just as we are mandated to help our students develop the skills, knowledge and interest which will serve as the basis of their life-long involvement with Torah study, community service and acts of charity and kindness, we hope to help each of our students develop his/her continuing relationship with God through daily prayer. Therefore, it is almost axiomatic that students are required to attend both Shacharit and Mincha services in school each day. Our task is to help those students who find Tefilah difficult, as many do, and to find the meaning that prayer is intended to have in our lives.

“We hope to help each of our students develop his/her continuing relationship with God through daily prayer.”

SHACHARIT

Students are required to be in school at 7:40 a.m. and at their assigned Shacharit service promptly at 7:45 a.m. Students who arrive after 7:50 a.m. will be considered absent.

Students are only permitted to be late/absent from davening 15 times a semester. After accumulating 16 latenesses/absences in one semester, a student will have to serve a Sunday detention. A 17th lateness/absence will result in another Sunday detention. An 18th infraction will result in two (2) Sunday detentions and a meeting with a parent.

Students who continue to be late or absent despite detentions/suspensions will be subject to more serious disciplinary action.

Students who scan in using another student's ID card or alternatively sign someone else into Tefillah will receive a one-week suspension.

Students who sign in to school and then skip davening will receive Sunday detention. Furthermore, students are not allowed to be on campus during school hours and not signed into school.

A pass/fail grade for Tefillah will be recorded on students' report card. This grade will be determined based upon attendance and behavior during tefillah.

MINCHA

Because Mincha is during the regular school day, there are rarely extenuating circumstances to excuse lateness to or absence from Mincha.

Students who skip Mincha will receive Sunday detention.

SUNDAY DETENTION

Sunday detention will meet at 6:30am on Zoom. A student that is assigned a detention will receive an email with the details and the link to the Zoom room.

A student that arrives more than 5 minutes late will not be permitted to serve the detention.

Students who miss detention without communicating to Rabbi Zauderer at michael.zauderer@frisch.org will receive a double detention the following Sunday. A second missed detention will result in a suspension.

TEACHER ABSENCES

The names of the teachers who are absent and whether their classes will be covered will be posted each morning on the digital displays.

Students who are free because their teacher is absent should make their way to the cafeteria, to the library, to the student lounges or, if it is not in use, to the gym rather than remaining in corridors or empty classrooms.

If the class is covered, students must attend, and attendance will be taken. All regular attendance policies will apply to this class period.



COUNSELING

The Department of Counseling plays an important role in identifying individual student needs, monitoring group concerns, planning programs, and providing services to Frisch students. In assessing the individual student, the department is aware of and sensitive to the specific factors that make The Frisch School a unique place for learning and growing. These include the rigorous dual curriculum, involvement in community and social activities, and the promotion of co-curricular activities, all of which present the Frisch student with a challenge for growth and success.

ACADEMIC GUIDANCE

Each Frisch student is assigned to a member of our counseling and mentoring staff who meets with him/her throughout the year. Counselors and mentors help students and parents make academic decisions, deal with academic and social challenges, and work through the inevitable peaks and valleys of a teenager's life. Parents are encouraged to turn first to the counselor when issues or questions arise.

MENTORSHIP

Our mentorship program, operating in concert with the individual guidance counselors, ensures that every student has a weekly meeting with a faculty member whose focus is to look after the student's well-being, advocate for his/her needs and see to that student's happiness at The Frisch School.

The mentor, Grade Dean, and guidance counselor attend to different dimensions of a student's Frisch experience and it is important to understand the distinction. The mentor is the primary point of contact for students to address questions pertaining to any aspect of life at Frisch. Mentors will meet weekly with students, sometimes in group settings and sometimes in one-on-one meetings, to check in and ensure that the students' experience in Frisch is smooth and enjoyable. This will be a time for mentors to get important feedback from students about their experiences as well as to share and discuss meaningful ideas with students.

GRADE DEANS

Grade deans are a point of contact for parents who have questions about the everyday academic progress, social or religious wellbeing of their child. This includes, but is not limited to, issues of goal setting, time management, grades, placement changes, extra-curricular activities, relationships with peers and faculty, religious questions and struggles. Parents should feel free to contact the grade deans with any questions or concerns in these areas. Grade deans are an additional point of contact for students to discuss any issues they may be having in school: social, academic or religious.

The grade dean will be the conduit to the administration. They will ensure the overall healthy culture of the grade.

GUIDANCE COUNSELOR

The guidance counselor is the point person for any substantial issues affecting a student's life such as serious sickness, family issues, and repeated academic failure. Parents should communicate these broader and/or ongoing concerns to the guidance counselor who can then work with the family, student and teacher to ensure proper accommodations are made.

ISRAEL GUIDANCE

At the beginning of senior year, each student is assigned an Israel Guidance counselor who will offer the student advice and direction in selecting an appropriate yeshiva or seminary to maximize the Israel learning experience. In the initial meeting, students and guidance counselors discuss the intellectual, spiritual and emotional objectives for the year in Israel. Subsequent meetings allow for the guidance counselor to help the student navigate through the application process.

COLLEGE GUIDANCE

The College Guidance Program is comprehensive and has three goals: to help students make the right choice, to act as students' advocates and to help make the college search and application process a pleasant, meaningful and anxiety-free experience. We meet with students and parents both individually and in group meetings, throughout the students' four years at Frisch.



GENERAL INFORMATION

CAMPUS / BUILDING HOURS AND SECURITY

The Henry & Esther Swieca Family Campus is open on regular school days from 7:00 a.m. – 10:00 p.m. and on school Fridays from 7:00 a.m. until 2pm. Sunday hours vary. Please call security at (201) 267-9100 x 248 for hours of operation. Access through the main entrance to The Mordecai & Monique Katz Academic Building is available from 7:00 a.m. to 7:00 p.m. After 6:30 p.m. and on weekends you must enter and leave the building through the lower-level entrance.

Between 7:00 a.m. – 5:00 p.m., all parents and visitors with a scheduled appointment/reason must enter through the main entrance on the upper level, sign in with security and obtain a visitor's pass. There is no entry or exit through other doors except for emergencies.

PARKING / ARRIVAL / DISMISSAL

Students who drive to school should park in the lower-level parking lot and access the building through the lower level entrance. Parents and visitors to the school during regular school hours should park in the upper parking lot closest to Century Road.

There is no parking or standing in bus lanes.

ELEVATOR USAGE

If a student needs an elevator code due to injury or a medical condition, she/he must bring a note to the Academic Office indicating approximate length of time the student will need to use the elevator. Elevator privileges are solely for the use of the student given the code. Students may not share the code.

TEXTBOOKS

Most of the texts distributed to the students by Torah and General Studies teachers are to be returned to the school (in good condition) at the end of the school year. Students are to write their names on the inside of the front cover. Lost books are replaced at the student's expense.

Students are expected to return all texts which belong to the school on or before the day of the final exam, but will only be credited for books whose barcode number matches the number of the book originally distributed to that student.

LIBRARY

The Frisch School has both a well-stocked and equipped library and an excellent librarian.

In order to allow all of the students to benefit from the library's physical and human resources we ask them to conform to the following rules:

- Use of the library is a privilege. Students are expected to use the library for research and study. Please be considerate of others. Separate areas of the library are designated as quiet areas and as group work areas in which talking is permitted.
- No student is permitted in the library unless there is an appointed school official present.
- No eating or drinking is permitted in the library.
- Students who use the computers in the library or anywhere else on campus are expected to use the computers and the internet appropriately. Any violation will result in the suspension of the student's access to the computers.
- Any materials borrowed from the library must be checked out with the librarian. Books and other materials are purchased by the school for the use of all students. Students may not remove any book or other material from the library without checking it out. Students are urged to return materials on time.
- You can access the library catalog online at <https://frisch.org/academics/library/>

PHOTOS AND VIDEOS AT FRISCH

Throughout the year, Frisch takes videos and photographs of our students for promotional and publicity purposes. These photographs and video clips may be used in our various publications and recruitment materials, in a video, on our website or submitted to the newspaper. While your child's name, city and grade may accompany the photo, no last name or address will be included with your child's picture when we use it on our website.

If you do not want your child's photo to be used in school materials, please e-mail Mrs. Kowalik in the Business Office at helen.kowalik@frisch.org.

If you see a photo of your son/daughter on our website or in our other materials and would like a copy, just e-mail us and we will be glad to share it with you.

TECHNOLOGY

At The Frisch School, we view technology as a vital tool to support student-centered learning. From research and collaboration to creativity and innovation, we integrate modern tools into our curriculum to prepare students for success in an evolving digital world.

Frisch is both a **Microsoft 365** and **Google Workspace for Education** school. Each student receives a Frisch-managed email and login that provides access to both platforms, empowering them to use productivity tools like Word, Docs, Gmail, Teams, and Google Drive. We also use **Canvas** as our Learning Management System for assignments, assessments, and class resources.

Students participate in our **Bring Your Own Device (BYOD)** program and are expected to bring a laptop, Chromebook, or iPad to school daily. Recommended devices are listed at tinyurl.com/frischbyodguide. Printing is limited to 200 pages/month; additional printing requires approval. **Please note that iPads are only allowed to be used in the classrooms.**

RESPONSIBLE AND ETHICAL USE

Technology is a privilege at Frisch. Students are expected to use school networks, devices, and digital resources ethically and for educational purposes only. This includes:

- Communicating respectfully online
- Avoiding unauthorized access or software
- Respecting privacy, copyright, and intellectual property
- Refraining from accessing or sharing inappropriate content

Students may not use personal Wi-Fi-enabled devices to bypass the school's Wi-Fi network. All student devices must connect to the school network while on campus unless specifically authorized by the school.

Misuse of technology may result in loss of privileges for the academic year and further disciplinary action.

PARENTAL CONSENT FOR GOOGLE & MICROSOFT SERVICES

In accordance with **COPPA**, **FERPA**, and **Google's student guidelines (ages 13–18)**, we use Microsoft and Google services as essential parts of our educational program. Some teacher-approved third-party apps may integrate with these platforms to enrich learning.

If you wish to opt your child out of any Microsoft, Google, or associated services, please email the Director of Educational Technology, Rabbi Tzvi Pittinsky at Tzvi.Pittinsky@frisch.org.

COUGAR CAFÉ

FRISCH SCHOOL DINING PROGRAM

Frisch provides a free breakfast after Tefillot every morning that includes juice, milk and cereal. Additional items such as bagels, muffins, yogurt and natural juices and hot breakfast options are available for sale daily.

We have three locations where food and drinks can be purchased.

Main Cafeteria — Hot dairy lunch is offered daily and includes a variety of delicious options such as hot entrées, vegetables, homemade soups, freshly made pizza, and other Italian specialties. A full fresh salad bar with rotating selections is available, along with sandwiches, and frozen yogurt with assorted toppings.

Sushi Bar — Offers fresh and customizable sushi, poke bowls, edamame & seaweed salad.

The Den — Offers another convenient dining option, featuring custom-ordered specialty drinks, coffees, teas, and frappés. Guests can also purchase a variety of sandwiches, protein boxes, baked goods, and snacks.

** Gluten-free, dairy-free, and nut-free options are available to accommodate dietary needs in all 3 locations.*

The hours of operation are as follows:

	Monday – Thursday	Friday
The Cafeteria	8:10–8:45 • 11:15–1:45 • 3:30–4:45	8:10–12:45
The Den	7:30 – 5:00	7:30 – 1:00
Sushi Bar	11:00 – 2:00	Closed

LUNCH PROGRAM PAYMENT OPTIONS

All food and drink items are sold à la carte and may be purchased using the Cougar Card/ID card, which functions as a declining balance card. The Cougar Card is the only form of payment accepted at all three dining locations.

Cash and credit cards are not accepted, except for the sushi bar, which accepts cash. There is a \$10 replacement fee for lost or damaged Cougar Cards. Each Cougar Card has two separate accounts: one for the main cafeteria and one for The Den and Sushi Bar. Please refer to the linked funding-instructions document on the parent portal for directions to add funds to these separate accounts.

SCHOOL WEBSITE & E-MAIL

Go to the Frisch website (www.frisch.org) for updated information regarding school cancellations, calendar, athletics and other information about Frisch. In addition to finding updated information, many Frisch forms are available under the “Portal” tab on our website.

The Frisch School regularly communicates with parents via e-mail. Please make sure to send your updated e-mail address to theacademicoffice@frisch.org.

SCHOOL CANCELLATIONS

When necessary to end school early because of weather conditions, we will make sure that all the buses are available and that students have ample time to notify parents as needed.

If your son/daughter is a relatively new driver who should not be driving on snowy/icy roads, please do not allow him/her to drive to school on mornings when the roads are already hazardous, or if the weather prediction is for almost certain poor road conditions before the end of the school day.

We will do all we can to make inclement weather decisions with your child's safety paramount in our minds, and we will try to disseminate the information quickly and clearly.

Frisch utilizes an emergency notification system through which you will receive a text in the event of an unanticipated school closing.

Please provide the school with your cell phone to ensure you receive the most up-to-date information. Information will also be available on the website and social media.



ORGANIZATION OF YESHIVAT FRISCH

The Frisch School was formed to establish a coeducational Orthodox private school for the instruction of students in Judaic and secular subjects. The school is governed by a Board of Trustees, which oversees a number of subcommittees. Each subcommittee has a specific area of purview and functions in an advisory capacity to the Board and administration.

The following Board Committees are in place:

- | | |
|---------------|------------------------|
| – Education | – Technology |
| – Finance | – Legal |
| – Audit | – Communications |
| – Nominating | – Food Service |
| – Development | – House and Facilities |

Additionally, the Standards and Review Committee helps to determine the admissions policy at Frisch and conducts a blind review of student applicants as part of the admissions process. In addition, the committee may review any student whose status in the school is in jeopardy or it may review decisions of the Principal. All reviews by the committee are limited to arbitrary and capricious decisions of the Principal. The committee may not substitute its judgment for that of the Principal.



FRISCH.ORG/IMPORTANT-FORMS-AND-DOCUMENTS

AVAILABLE ONLINE

OFFICE FORMS

- Absent, Late Arrival Card
- Art Club: Studio Art, Sculpture & Fashion (optional)
- Parking permit (for 11th and 12th grade)
- Trip Permission Slip
- The Cougar Store Order Form

FPA FORMS — FRISCH.ORG/FRISCH-PARENTS-ASSOCIATION-FPA

- Dues Payment Form
- Donation Card Form
- Volunteer Form

If you do not have access to the Internet, please call the main office to have forms sent to you at (201) 267-9100 x 200.



THE FRISCH SCHOOL

The Henry & Esther Swieca Family Campus

120 West Century Road • Paramus, NJ 07652

T. 201.267.9100 • WWW.FRISCH.ORG